

SAINTBRIDGE HOUSE

NURSING HOME & RESIDENTIAL CARE

Inspected and rated

Outstanding ★

**CareQuality
Commission**

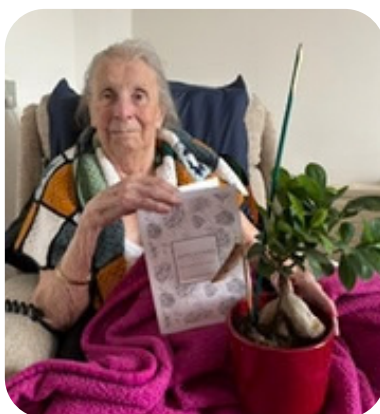
OCTOBER NEWSLETTER



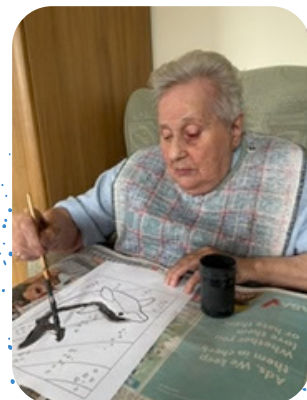
OCTOBER 2026



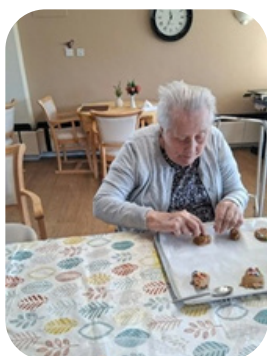
September had lots going on!!



Creative Activities

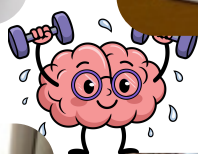


Lots of creativity from pizza making to
cookie making and painting, colouring
and paper mache



Saintbridge House
Gloucester

Mental exercises



Scrabble,
crosswords,
quizzes have all
aided keeping
our brains active
this month



Saintbridge House
Gloucester

Physical activities



And fun and games along
with group exercises have
kept us moving and helped
reduce our risk of falls



Saintbridge House
Gloucester

Musical Entertainment



We have had some great music sessions this month, both with ladies from mini concerts singing for us and Julie with her steelpans. Lots of dancing to the great tunes



Saintbridge House
Gloucester



Musical Entertainment

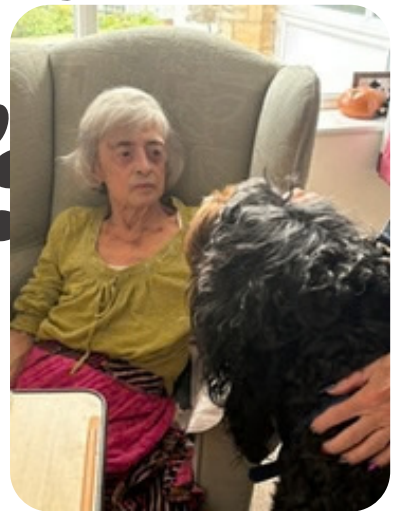


We have also enjoyed our first session with Debbie and her music therapy sessions. She got everyone involved upstairs and down and there was some great singing along. We look forward to seeing her each week.

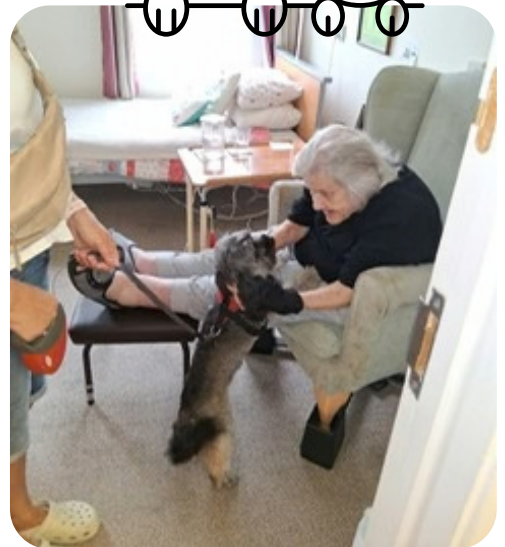
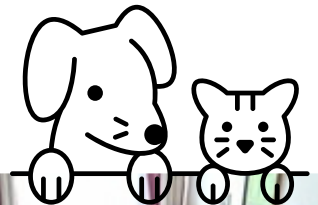


Saintbridge House
Gloucester

Pet therapy visits



We have had visit from Peggy and Bear this month and their lovely people Sharon and Hayley. They have put smiles on faces and really lifted the spirits of all.



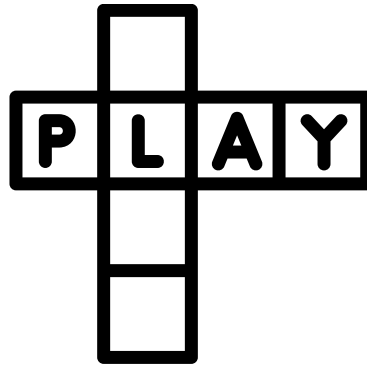
Out for tea and cakes...



We have managed to get out for coffee with some ladies this month. Add in some cake and chat and they were lovely times.



Gloucester Academy Student visits



We have started a new term and so our students have started again with their time volunteering with us. We had a great first session of games upstairs and downstairs, from Scrabble and snakes and ladders through to dominoes and jigsaws.



Resident Birthdays we celebrated in August



Ivy celebrated in August, and was so chuffed with her lovely birthday cake and the staff singing happy birthday to her.

HAPPY
BIRTHDAY





**Resident birthdays coming during October:
4th - Heather**



Staff birthdays this month:

- 1st October - Kesh (maintenance)**
- 7th October - Val (care assistant)**
- 15th October - Sam (nurse)**
- 20th October - Lili (cook)**
- 25th October - Brenda (care assistant)**
- 27th October - Paige Gardner (carer)**
- 27th October - Jane (activities)**

It is lovely when family and friends can join us in celebrating residents birthdays and anniversaries, so do please come along and be a part of their day.



October Programme of Activities

Thurs 1st Scrabble club / dominoes / steelpan concert with Julie / film afternoon
Fri 2nd 10:30 Dementia Cafe / group exercises / music quiz with sing along
Sat 3rd creative arts / relaxation / 1 to 1 session
Sun 4th relaxation / exercises / 1 to 1 session / ball games
Mon 5th reminiscing / hairdresser / music and movement / ABC quiz
Tues 6th creative arts / chaplain visit / 2:30 music therapy with Debbie / 4pm Peggy pet therapy
Wed 7th out for coffee/ music and movement / school children volunteering
Thurs 8th Scrabble club / puzzles / 2pm mini concerts /film afternoon
Fri 9th creative arts / dominoes / music and movement / ball games / film afternoon
Sat 10th relaxation / 1 to 1 session / giant snakes and ladders
Sun 11th relaxation / 1 to 1 session / creative arts
Mon 12th reminiscing / hairdresser / music and movement / ABC quiz
Tues 13th creative arts / chaplain visit / 2:30 music therapy with Debbie
Wed 14th out for coffee / pet therapy with Bear / exercises / school children volunteering
Thurs 15th Scrabble club / dominoes / sing along session / music quiz
Fri 16th puzzles & dominoes / 11:15 church service / music and movement / film afternoon
Sat 17th relaxation / 1 to 1 time / card games
Sun 18th relaxation / exercises / 1 to 1 session / creative arts
Mon 19th reminiscing / hairdresser / music and movement / ABC quiz
Tues 20th Creative Arts / chaplain visiting / 2:30 music therapy with Debbie / 4pm pet therapy
Wed 21st board games / out for coffee / music and movement / school children volunteering
Thurs 22nd Scrabble club / dominoes / 2pm mini concerts
Fri 23rd dominoes / creative arts / music and movement / group crossword
Sat 24th relaxation / 1 to 1 session / balloon tennis / ball games
Sun 25th relaxation / 1 to 1 session / creative arts
Mon 26th reminiscing / hairdresser / music and movement / ABC quiz
Tues 27th creative arts / chaplain visit / 2:30 music therapy with Debbie
Wed 28th board games / out for coffee / pet therapy / music and movement / crosswords
Thurs 29th Scrabble club / dominoes / 4pm Halloween disco party
Fri 30th dominoes and word games / music and movement / film afternoon
Sat 31st bean bag games / relaxation / 1 to 1 session



Key Events in October



Resident spotlight

Sheila



My name is Sheila, I was born in Gloucester and was married to my husband Kenneth for over 50 years, he was a policeman. We have 2 children Neil and Claire, and I have grandchildren and great grandchildren. I previously worked in a telephone exchange as well as shop work and a doctors surgery. My hobbies were gardening, sewing and birdwatching. I loved nothing more than going on a cruise and have cruised all over the world, including the Hudson. My favourite place is America.

Staff spotlight

Manju

Manju has been with us here at Saintbridge for 11 months and she loves working here. She is one of our nurses who works nights, so we don't see her quite as often but she does a great job keeping everyone cared for overnight. She is married to Jason and they have a 15 year old son. When she isn't working she loves to socialise and meet up with friends, but also loves to be out in her garden. She particularly likes growing flowers and orchids are her favourites. Travel is another love she has and she has so far been to 9 countries, with Montenegro being her favourite.



Resident changes

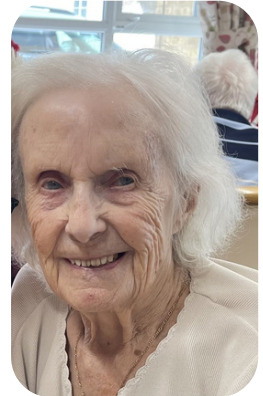
in September 2026



Sid sadly passed away and although he was only with us short time he will be missed, and we wish his family comfort in memories of him.



Grace also passed away in September and we send her family our warmest thoughts.



Linny joined us for some respite time this month and she got stuck in enjoying all the activities whilst she was here.



Alan has come to have some respite with us. He is settling in well and enjoying the company.



Resident changes

in September 2026



We had Pam join us for a period of respite and she enjoyed the company and socialising whilst she was with us.

Joan has moved in to Saintbridge this month and we welcome her and hope she settles in.



Sally has moved in this month and she is enjoying having company and starting to join in with some of the activities.

Ray has also joined us for some respite. We hope he finds his time here beneficial and enjoyable.



Family comments

Review from Gill C (Daughter of Resident) published on 17 September 2026

Overall Experience

Saintbridge House is an excellent Care Home. It is always clean and welcoming. The management and staff are dedicated, professional and kind. The standard of care is outstanding. Dad has been there four years and is very happy. He is well cared for by staff and has a good relationship with them. The daily activities, such as art, games and puzzles are brilliant and great for the residents to join in. There is much hard work and dedication put into organising events during the year such as an Easter Egg Hunt, Summer Fayre, Bonfire Night and Christmas Pantomime. Families are made to feel welcome at all times. The weekly entertainment is super and gives opportunities for residents to join in with singing and actions. The residents enjoy frequent trips out and regular visits from students attending the local school and from church ministers. There is very good communication on WhatsApp, posters and monthly newsletters. I highly recommend Saintbridge House - an amazing Care Home.



Your comments are appreciated and have given us our excellent Carehome score, if you would like to leave your thoughts you can do so, on to their website



Did you know we provide respite care?

There are many reasons why someone may need short term, temporary respite care. And across all of our care homes we are delighted to offer this, whether for a few days or even months. Regardless of the circumstances, we are committed to making sure that all who come to stay with us, no matter how long, are made to feel at home. Ensuring that all residents feel safe, comfortable and cared for, our expert team of professionals work hard to make sure that even the shortest of stays with us is a positive one.

Speak to Dave, our home manager on 01452 300307



Resident and Family meeting

Our next resident and family meeting is to be confirmed, with details to follow. This is opportunity for you to hear what is coming up, ask any questions, give us suggestions for activities, feedback on what we currently provide and generally keep communication open for everyone.

Obviously we are always available and so these things can be discussed at any time before then.



Trust
Respect
Integrity

Resident/relative/staff referral scheme

We are proud of the excellent services we provide here at Saintbridge House and would love for you to tell other people about us too.

Recommend Saintbridge House to your friends, family or colleagues and we'll give you £250 as a thank you for each successful recommendation when they move in. Once they've been with us for three months, we'll reward you with a further £250.

There is no limit to the number of recommendations you can make!!

Speak to Dave, our home manager on 01452 300307

