

MAY NEWSLETTER



MAY 2026



Saintbridge House

Gloucester

**189 Painswick Road, Gloucester, GL4 4QQ
01452 300307**

Big News for April?

Inspected and rated

Outstanding 



We are absolutely thrilled to announce that Saintbridge House has been rated 'Outstanding' by the Care Quality Commission (CQC).

For us, this means so much more than a rating. It reflects the compassion, dedication and consistency our incredible team bring every single day. We have always believed in delivering care of the highest standard - but to have that recognised officially is something we are immensely proud of.

A photograph of Saintbridge House, a two-story brick building with a large glass-fronted entrance. The text 'Saintbridge House Gloucester' is overlaid in white on the image. Several cars are parked in the foreground, and a sign with the house's name and phone number is visible on the left.

Saintbridge House
Gloucester

Big News for April?

This is a moment to celebrate, but also a moment to thank our entire team, our residents, and their families for being part of what makes Saintbridge House so special.



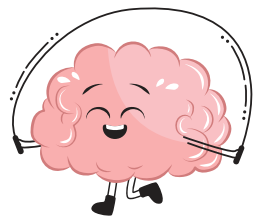
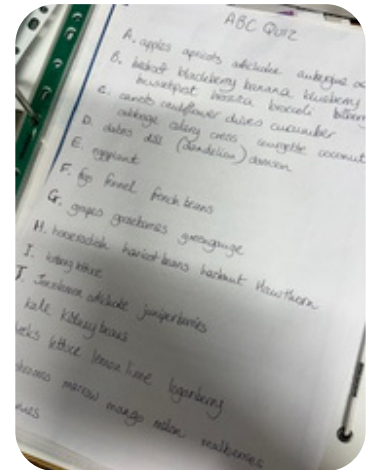
To celebrate this achievement we are having a Saintbridge House Summer Ball and you are invited to join us. Please do let us know if you are coming to join us.

And while the rating means the world to us, our focus remains exactly the same: continuing to provide the outstanding care that defines who we are.

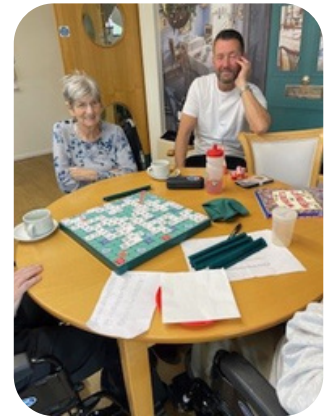
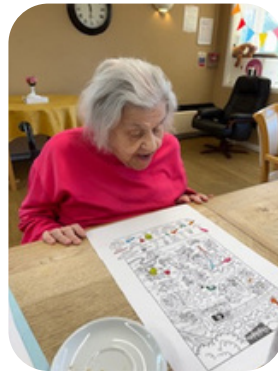




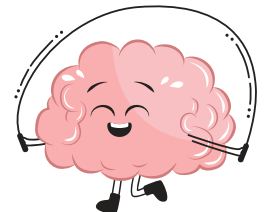
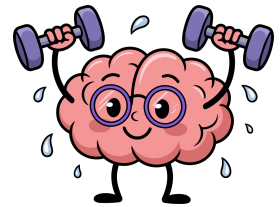
Mental exercises



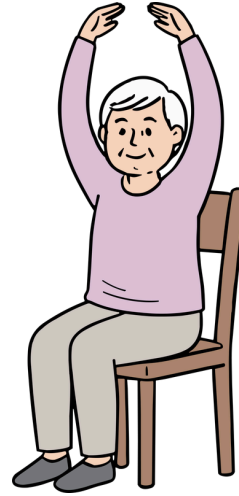
Mental exercises



We like to have some mental exercises each week, so we love doing group crosswords, word puzzles and favourite of all Scrabble.



Physical activities



Our physical exercises have been varied this month, with Alice our physio taking sessions both individually and in groups, but even skittles, giant snakes and ladders, table football and the parachute game get everyone moving in some form.



Physical activities



Social



Getting residents to join in activities ensures they are socialising and not spending too much time on their own. Everything we do encourages engagement and interaction, with staff, each other and family and friends.



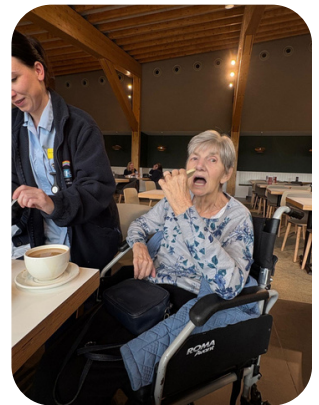
Spiritual



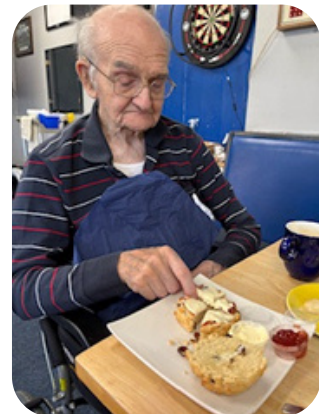
We have had our spiritual support this month from both Paul our Chaplain who has held prayer and support times, and also Sue who comes from the Church of England to hold a service with singing, prayer, Bible reading and Holy Communion if they want it. Some of our residents appreciate this and look forward to their spiritual needs being supported.



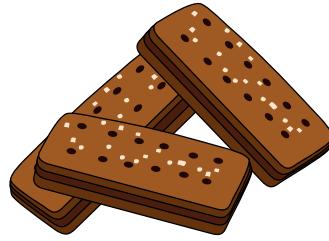
Getting out and About



Our trips out during April were varied, including going for coffee and biscuits at the M5 services



Getting out and About



We also went to the cafe across the road from us a couple of times, and then also went for a run out to the the local airfield. It was a bit chilly so we stayed in the minibis and enjoyed a coffee and biscuits and watching the planes and helicopters.



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Gloucester



Boat trip with the Willow Trust

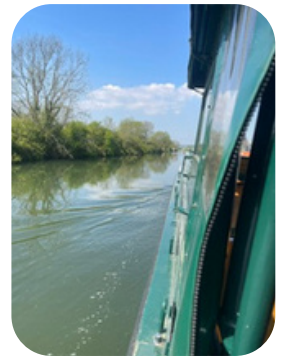


We had a lovely day taking residents out with the Willow Boat trust. We meandered along the canal through beautiful countryside and lovely company. We even stopped for a picnic on the canal side as the weather was very kind to us with warm sunshine and a gentle breeze.



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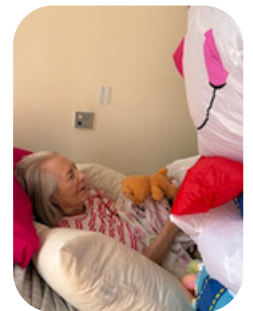
Boat trip cont'd



Easter

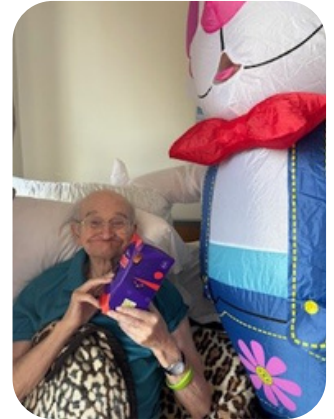


We had a great fun and busy Easter Sunday, with an Easter egg hunt for family and friends. The Easter bunny came along to help out and was enjoyed by everyone.

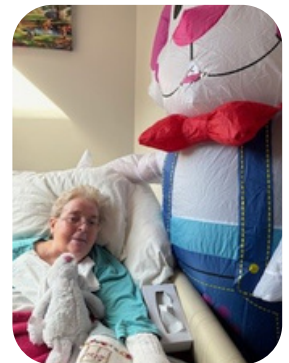
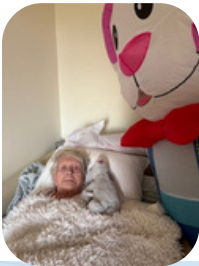


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Gloucester

Easter



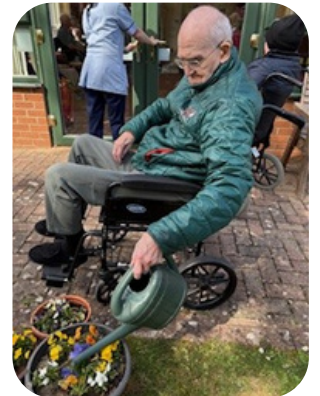
As well as entertaining our visitors the Easter bunny also went around to each resident with a gift of chocolate for each of them. Lots of fun and engagement with family and staff.



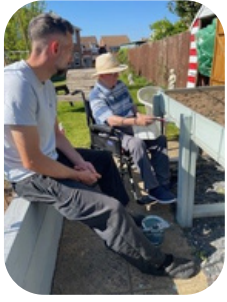
Getting out in the garden



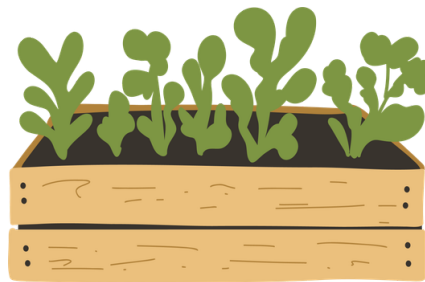
We have had a mixed bag of weather during April and this has made a difference to our time in the garden...sometimes very warm and sunny at others very chilly and showers. Whatever the weather though we had fresh air and company enjoying nature.



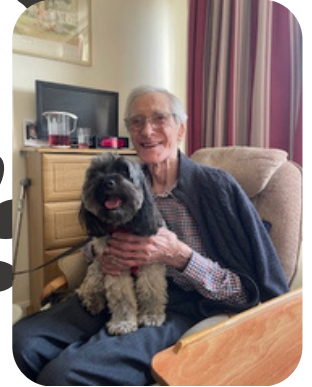
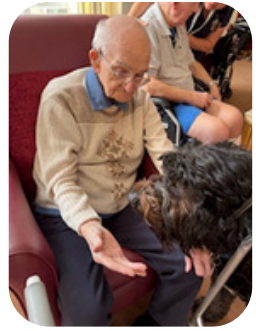
Getting out in the garden



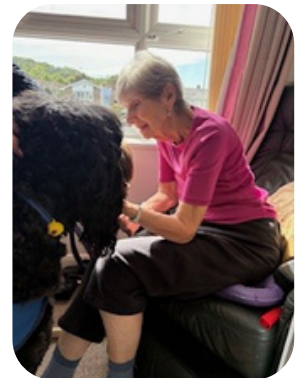
Part of the time in the garden has been a mini project building some new raised beds. We had some family come in to help and it is coming together very nicely. We can't wait to get some vegetables and flowers growing.



Pet therapy visits



Our lovely pet therapy dogs, Peggy and Bear have been to see us again in April. As normal, lots of smiles and wagging tails!



Community Partnerships



Our connections with the local community continue, with weekly visits from the young people from the school, our two pet therapy dogs and local entertainer Julie with her steelpans. We do also give back to the community with our monthly Dementia Cafe



Resident Birthdays we celebrated in April



Reg had family arrange to meet up and have a little party time with him. Judging by his smile he had a great time.



HAPPY
BIRTHDAY



Reg also saw his family and had a lovely cake.



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Gloucester





Resident birthdays coming during May:

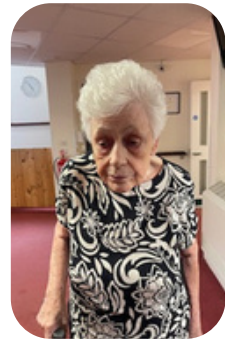
May 4th - Robert

May 13th - Denis

May 15th - Cynthia

May 21st - Gill

May 27th - Mary



Staff birthdays this month:

May 8th - Jessica (hostess)

May 9th - Hitesh (director)

May 12th - Kiloko (night care)

May 13th - Lekshmy (CHAPS)

May 26th - Alice (CHAPS)

May 30th - Matilda (night care)

It is lovely when family and friends can join us in celebrating residents birthdays and anniversaries, so do please come along and be a part of their day.



Resident spotlight

David



David has been with us for nearly 3 years. He has been married to his wife Astrid for over 45 years and they have three children, Tom, Helen and Paul. He was born in Norwich and supported Norwich football team watching them play as much as he could. He loved cricket and golf, as he loves being outdoors. That is still the case and he likes to be out in the garden as much as he can. He was a teacher of science for over 40 years and he loved it, a true vocation.

Staff spotlight

Alice

Alice has joined us this year as our new physiotherapist. She lives locally in Gloucester and has two younger twin brothers. She likes to keep fit and active, cycling to work and going to the gym in her spare time. She is Roman Catholic and goes to St Peter's church, whilst she also likes to go and enjoy an ice cream from Wholly Gelato in the Gloucester Quays.



May Programme of Activities

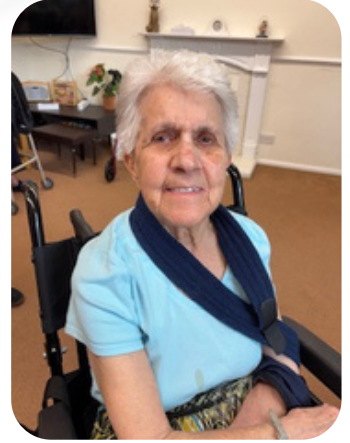
Fri 1st dementia café 10:30 / group exercises
Sat 2nd relaxation / 1 to 1 session / group exercises with physio
Sun 3rd relaxation / 1 to 1 session / group exercises with physio
Mon 4th creative arts / group exercises with physio / ABC quiz
Tues 5th card games and puzzles / 2pm Cool Moves VE day dance show / Peggy pet therapy
Wed 6th out for coffee / board games / exercises / gardening club / school children
Thurs 7th Scrabble club / dominoes / 2pm mini concert – VE Day Dollies
Fri 8th creative arts / group exercises / ABC quiz
Sat 9th relaxation / 1 to 1 session / giant snakes and ladders
Sun 10th relaxation / 1 to 1 session / creative arts
Mon 11th reminiscing / group exercises / gardening club (inside or out)
Tues 12th card games and puzzles / 10:45 church service / bingo bongo / group crossword
Wed 13th out for coffee / board games / Bear pet therapy / group exercises / school children
Thurs 14th Scrabble club / dominoes / 4 pm steelpan concert
Fri 15th 11:15 church service / dominoes / group exercises / ABC quiz
Sat 16th relaxation / group exercises with physio / 1 to 1 session
Sun 17th Dementia Awareness walk at Robinswood Hill
Mon 18th reminiscence / group exercises / gardening club (inside or out)
Tues 19th card games / 1pm afternoon tea from Holiday Inn / 4pm Peggy pet therapy
Wed 20th out for coffee / board games / group exercise / school children volunteering
Thurs 21st Scrabble club / dominoes / 2pm mini concert / film afternoon
Fri 22nd group crossword / group exercises / ABC quiz
Sat 23rd relaxation / 12 – 4 garden party summer ball
Sun 24th relaxation / 1 to 1 session / creative arts
Mon 25th reminiscence / group exercises / gardening club (inside or out)
Tues 26th dominoes / 10:45 church service / bingo bongo / group crossword
Wed 27th day out to Burnham-on-Sea / film afternoon
Thurs 28th Scrabble club / dominoes / dominoes / 4pm steelpan concert
Fri 29th creative arts / group exercises / ABC quiz
Sat 30th relaxation / group exercises with physio / 1 to 1 session
Sun 31st relaxation / exercises with physio / 1 to 1 session



Resident changes

in April 2026

We welcome Beryl during April, she is settling in very well and joining in with everything she can.



John has joined us here during April, and like Beryl is enjoying settling in and making friends and having the opportunity to join in with activities.



Erik has been with us for a couple of weeks for respite this month.



Resident changes

in April 2026



Dave sadly passed away in April, and we wish his family comfort with happy memories of him.



Brian passed away and we wish the family love and support with memories of his lovely smile.



Linny went back home this month having had a fun few weeks with us for respite.



Family comments



carehome.co.uk

We as a family feel that staff at Saintbridge residential home diligently cared for our father as well as all other residents with love, dignity, compassion, and patience. As much as daily visits from family and friends, staff's dedication contributed very positively to his quality of life. Staff's empathy and compassion towards our family at all times was also appreciated very greatly. Can't fully express our gratitude to all at Saintbridge in words.
Review from Pravin P (Son of Resident) published on 16 December 2025



Your comments are appreciated and have given us our excellent Carehome score, if you would like to leave your thoughts you can do so, on to their website

carehome.co.uk

Did you know we provide respite care?

There are many reasons why someone may need short term, temporary respite care. And across all of our care homes we are delighted to offer this, whether for a few days or even months. Regardless of the circumstances, we are committed to making sure that all who come to stay with us, no matter how long, are made to feel at home. Ensuring that all residents feel safe, comfortable and cared for, our expert team of professionals work hard to make sure that even the shortest of stays with us is a positive one.

Speak to Dave, our home manager on 01452 300307



Resident and Family meeting

Our next resident and family meeting will be in June, with details to follow. This is opportunity for you to hear what is coming up, ask any questions, give us suggestions for activities, feedback on what we currently provide and generally keep communication open for everyone. Obviously we are always available and so these things can be discussed at any time before then.



Trust
Respect
Integrity

Resident/relative/staff referral scheme

We are proud of the excellent services we provide here at Saintbridge House and would love for you to tell other people about us too.

Recommend Saintbridge House to your friends, family or colleagues and we'll give you £250 as a thank you for each successful recommendation when they move in. Once they've been with us for three months, we'll reward you with a further £250.

There is no limit to the number of recommendations you can make!!

Speak to Dave, our home manager on 01452 300307

