3ab Care Limited

Exceptional Excellence

SAINTBRIDGE HOUSE

NURSING HOME & RESIDENTIAL CARE

Inspected and rated Outstanding

Care Quality Commission

NOVEMBER NEWSLETTER



OVERVIEW 2026



SAINTBRIDGE HOUSE
NURSING HOME & RESIDENTIAL CARE

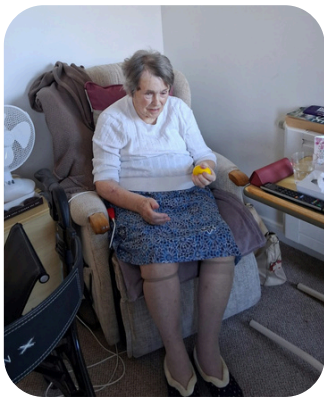
October had lots going on!!







October has been busy as normal and the newsletter this month is an overview of some of the things we have been up to.















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Creative Activities

















a bit of pumpkin decorating ready for halloween, as well as colouring and pine cone decorating









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Community Connections












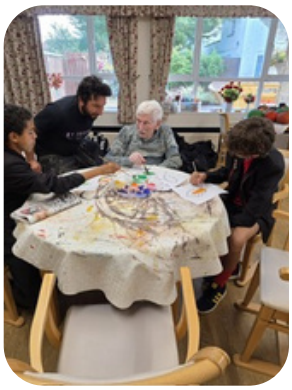

Our community partnerships continue and this month the students have been in volunteering their time each week, and staff from Selim funeral services volunteered during our montly dementia cafe.



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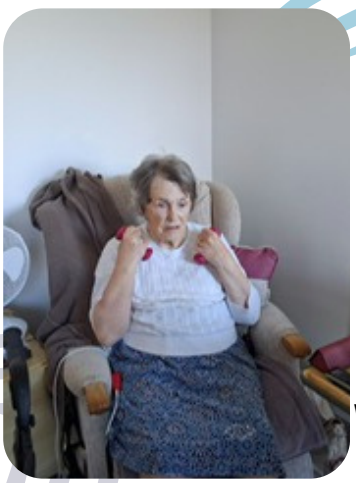
Physical activities













We have had lots of exercises and movement this month, both individually and in groups. Always fun and always beneficial.









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Musical Entertainment













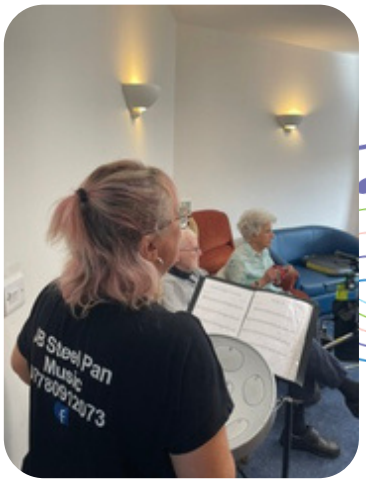
Music therapy with Debbie each week





Steelpan music with Julie













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Resident Birthdays we celebrated in October



Heather celebrated her birthday this month and we made sure her day was special for her.







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Family comments

We as a family feel that staff at Saintbridge residential home diligently cared for our father as well as all other residents with love, dignity, compassion, and patience. As much as daily visits from family and friends, staff's dedication contributed very positively to his quality of life. Staff's empathy and compassion towards our family at all times was also appreciated very greatly. Can't fully express our gratitude to all at Saintbridge in words.
Review from Pravin P (Son of Resident) published on 16 December 2025

Your comments are appreciated and have given us our exellent Carehome score, if you would like to leave your thoughts you can do so, on to their website

carehome.co.uk

Did you know we provide respite care?

There are many reasons why someone may need short term, temporary respite care. And across all of our care homes we are delighted to offer this, whether for a few days or even months. Regardless of the circumstances, we are committed to making sure that all who come to stay with us, no matter how long, are made to feel at home. Ensuring that all residents feel safe, comfortable and cared for, our expert team of professionals work hard to make sure that even the shortest of stays with us is a positive one.
Speak to Dave, our home manager on 01452 300307



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Resident and Family meeting

Our next resident and family meeting will be in September, with details to follow. This is opportunity for you to hear what is coming up, ask any questions, give us suggestions for activities, feedback on what we currently provide and generally keep communication open for everyone. Obviously we are always available and so these things can be discussed at any time before then.



Trust
Respect
Integrity

Resident/relative/staff referral scheme

We are proud of the excellent services we provide here at Saintbridge House and would love for you to tell other people about us too.

Recommend Saintbridge House to your friends, family or colleagues and we'll give you £250 as a thank you for each successful recommendation when they move in. Once they've been with us for three months, we'll reward you with a further £250.

There is no limit to the number of recommendations you can make!!

Speak to Dave, our home manager on 01452 300307

