

September/October 2021

Issue 51
30p to non residents

Westcroft Nursing Home

3ab
Care
Limited

Exceptional
Excellence



Welcome to issue 51 of the Westcroft Newsletter. We hope you find these Newsletters informative.

Coronavirus (Covid 19)

We continue to be open for indoor visits. There are currently no restrictions on the number of visitors per resident. The visits still remain at once a week for 30 minutes, but only 2 visitors at one time, as per the government guidelines. Visits are carried out via a booking system and all visits do require being pre-booked. Visits are taking place in the Quiet Lounge. All visitors must have a lateral flow test at the Home and then wait 30 minutes for the result before being allowed into the Home. All visitors are asked to wear a face mask, gloves and an apron whilst visiting. We thank all residents and their relatives for their patience and understanding.

Special events coming up

All external events have had to be placed on hold whilst the Home remains closed to all visitors. We continue with in-house activities on a daily basis.

Wednesday 22nd September 2021
Autumn Day. Please wear Autumn colours on this day

Wednesday 14th October 2021.
Cheese Tasting

Saturday 30th October 2021.
Halloween Celebrations.

Hello September

The months are marching on and we find ourselves in September, any hope for an Indian Summer this year? Fingers crossed. We've kept everyone busy the past few weeks with various activities throughout the home.

September always seems to feel like the end of summer, the end of the holidays, kids return to school, nights drawing in. Some mornings even start to have that eerie chill we all fear.

What does the end of summer mean for you? Many people love the autumnal months and what they bring....

Themed Days

These continue and we encourage all residents and staff to join in on these days. Please wear appropriate clothing to get into the spirit of the day. The aim is to have fun.

APPLES
AUTUMN
BIRDS
BLANKET
CIDER
COZY
FROST
HARVEST
PUMPKIN
RAKE
RUSTLING
SEASON
SQUIRREL
TREES

Word Search

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Birthdays coming up:

Irene Williams	8 th September
Joan Higgins	10 th September
Harry Blurton	6 th October
Pauline Smith	22 nd October
Betty Plant	29 th October



Immediate family members are welcome to join your relative when they are celebrating a birthday. A birthday cake will be provided in the afternoon around 2.30pm and a buffet at tea time will be provided. Please inform Karen of numbers if you would like to celebrate with us or provide a cake for yourself!

Annual Seaside Day

Our annual Seaside Day was held on 21st July, with the usual fun games and inflatable's. A takeaway style lunch was served and a lot of fun was had by all residents and staff. We hope to have Punch and Judy back for next year's event. Please see our facebook page for lots of photos from this day.

Olympics 2020

Some of the residents enjoyed watching the Olympics on the television and we even made our own Olympics game which several of the residents had fun playing.

We also held an art session based on the Olympics.

Mexican Day

This day also had a good effect on all residents and staff with Sombrero's and colourful clothing worn. We tried our luck on the Cactus Loopla, played Mexican music and tried a variety of Mexican food at lunch time.

Cheese Tasting

We are arranging a Cheese Tasting Day on Thursday 14th October. This is a new event. Several flavoured Cheeses and soft cheeses will be available along with pickles and chutneys and crackers. This should be a tasty experience.



Group Website

Please feel free to have a look at www.3abcare.co.uk. You will find up to date news and photographs on the 'latest news' section, under the Westcroft Nursing Home tab.

You can also find information on our other Homes in the group. As part of ongoing quality and monitoring the group carries out quarterly internal auditing at all Homes. The results can be found on the wall in the main hallway.

Quiet Lounge Extension

Work started on our Quiet Lounge extension on the 3rd August and is progressing very well. Once we have this ready we hope to make good use from it. The residents will be able to enjoy an extra room to sit and relax in.



Wacky Wednesday

Wacky Wednesday on the 29th July went down very well, with miss matched clothing, tinsel wigs, slime and popping candy. We also had a joke wall and even the tables and chairs wore socks! Lunch was served in the shape of a smiley face and dessert was very colourful with an umbrella in it. There were lots of laughs on the day. Please see our facbook page for photos from this day.






We have a facebook page for you to follow us on. This is continually being updated. The page gives details of the Home including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at www.facebook.com/westcroftnursinghome

Resident/Relative referral scheme

If you or your relative recommends a new resident to the Home you will be entitled to £250 worth of vouchers of your choice. As long the resident stays for a minimum of three months the vouchers will be given.

Menu Changes

Karen will be making some changes to the menu soon as we change seasons. If you have any favourites please let us know and we will try to include these in the menu. Sue will also be chatting to everyone to get suggestions and pass them on to Karen.

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Any articles you would like to put in the next editions newsletter please pass on to Sue, Martin or email **Ketan.patel@3abcare.co.uk**