

The Willows Whisper

August

Blooming marvelous!

It may seem apparent, but looking at this stunning colourful flower beds and plant pots can make one very happy. Our garden has been transformed by our super-skilled gardener, who took a great deal of care into planting flowers and herbs for our residents to enjoy.

Some of our residents enjoy sitting outside when the weather's fine, happy chatting and socialising with others.

Visitors are welcomed to sit in our garden, when visiting their loved ones, and together enjoy the conversations, or listening to birds chirping in the trees.

Many of the bedrooms at the Willows face out onto the garden. The dining rooms and patio doors give residents a great view of all that the weather and the changing seasons bring. We do all we can to encourage birds into the garden, making sure the feeders are filled with tasty treats!



CONTACT US



Priya Patel
(Managing Director)



Yvonne Manton
(Registered Manager)



Irene Chand
(Deputy Manager)



Cleo Gono
(Deputy Manager)

14 - 16, The Lant Shepshed, Leicestershire LE12 9PD
The Willows Website | 01509 650559

REFERRAL PROGRAM

Do you know someone seeking a Care Home for a loved one? If you refer to resident, who comes to live at The Willows, you can receive a reward!

We are offering:
£250 vouchers if the resident comes to stay with us on a respite stay or £500 vouchers if the resident you refer comes to our Home permanently.

If you would like more information, please speak to Priya Patel or Yvonne Manton.
Contact us on 01509 650 55

For more updates follow us on social media!



Exceptional
Excellence

July Activities

Lounge Bingo!

🎉 You can never have too much bingo! 🎉

There were plenty of laughs, a little friendly competition, and lots of excitement as the numbers were called.



'Inspecting' our local market 🍓 🍊 🍉 🍇

We took our residents to the local market.

Fruit and veg men were charmingly interrogated, and several samples "accidentally" became breakfast. We then did a little tour around couple of shops, followed by delicious iced coffee at our local café to recover.

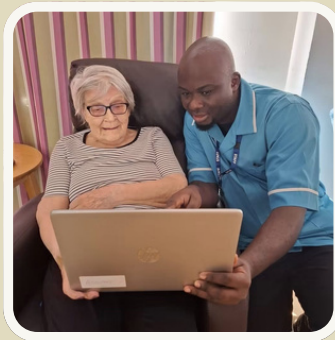


July Activities

Residents & Relatives Meeting

Our Residents' Meeting is always a wonderful opportunity to come together, catch up on the latest news, share ideas, and chat about the exciting activities we have planned in the home. 📄 ☕ 💬

We love hearing our residents' thoughts and suggestions – it helps us make every day enjoyable, meaningful, and full of things everyone can look forward to.



Rock'n'Rollers were back!

We had fantastic afternoon welcoming back the amazing Rock n Rollers! 🎤 🛹 Our residents thoroughly enjoyed another brilliant performance from the talented duo, with one of the singers even performing while roller skating – something that never fails to amaze and entertain! There was plenty of singing along, smiling, and tapping of feet as everyone enjoyed the wonderful music and atmosphere 🎵



The Willows Care Home

Dementia Cafe



July Dementia Cafe!

Our residents and visitors enjoyed a good conversation, socialising and reminiscing about old times. Listening to 60s swing and enjoying coffee and delightful chocolate and orange cupcakes made by Angie.

If you haven't been to a Dementia Cafe yet, consider this your official invitation for the next one! It's completely free, open to everyone, and guaranteed to lift your spirits (and satisfy your sweet tooth!).

Flower Garden

E	N	E	N	P	D	A	R	H	I	F	A	I	O
G	O	N	P	E	A	Z	A	O	M	O	H	A	A
D	G	T	A	O	I	A	S	N	U	X	K	H	A
H	A	O	N	N	S	L	U	E	M	G	L	O	Y
I	R	M	S	Y	Y	E	C	Y	E	L	L	S	A
R	D	A	Y	C	B	A	O	S	H	O	I	N	L
E	P	G	I	C	E	M	R	U	T	V	D	O	I
T	A	R	R	L	G	U	C	C	N	E	O	W	L
S	N	E	A	I	O	R	H	K	A	A	F	D	L
A	S	B	G	R	N	I	A	L	S	I	F	R	Y
G	E	R	A	N	I	U	M	E	Y	L	A	O	D
D	I	I	L	O	A	E	S	O	R	H	D	P	E
N	D	A	I	N	U	T	E	P	H	A	A	N	A
S	O	A	L	L	I	U	M	C	C	D	D	D	A

- HONEYSUCKLE
- CHRYSANTHEMUM
- GERANIUM
- AZALEA
- BERGAMOT
- SNAPDRAGON
- CROCUS
- FOXGLOVE
- ASTER
- LILLY
- DAFFODILL
- SNOWDROP
- BEGONIA
- PANSY
- ALLIUM
- PEONY
- PETUNIA
- ROSE
- DAISY
- DAHLIA

Gardening

A	P	W	I	W	W	E	A	T	H	E	R	C	S
A	A	E	E	A	E	S	R	E	N	U	R	P	G
H	V	E	C	T	S	B	U	R	H	S	S	O	U
B	I	D	E	E	K	A	R	S	H	O	V	E	L
U	N	I	G	R	S	E	S	E	V	O	L	G	S
M	G	N	G	I	S	E	D	N	E	D	R	A	G
B	S	G	I	N	S	L	A	U	N	N	A	T	T
L	T	N	L	G	E	G	A	I	L	O	F	S	R
E	O	S	R	E	P	P	I	L	C	T	I	I	E
B	N	P	O	L	L	I	N	A	T	O	R	S	E
E	E	N	O	I	T	A	X	A	L	E	R	E	S
E	S	D	S	S	T	S	O	P	M	O	C	L	G
S	P	S	D	E	A	D	H	E	A	D	I	N	G
V	H	I	E	P	E	R	E	N	N	I	A	L	S

- CLIPPERS
- GARDENDESIGN
- POLLINATORS
- WATERING
- PRUNERS
- FOLIAGE
- DEADHEADING
- PERENNIALS
- PAVINGSTONES
- COMPOST
- BUMBLEBEES
- GLOVES
- SHOVEL
- ANNUALS
- SLUGS
- RELAXATION
- TREES
- WEEDING
- WEATHER
- RAKE
- SHRUBS

A poem written by our dear David



David was a beloved resident with us for almost two years, and he was deeply excited to see his work shared in our newsletter.

Amongst his many interests, David's lifelong passion was writing. Having been published both locally and nationally, he wrote this piece in 2022. Quoting Balzac, David described it as 'the comedy of human life' – a beautiful reflection on ageing, the passing of time, and life itself.

Though he recently passed away, his bright spirit, creative soul, and gentle presence left a lasting mark on all of us, and he will be deeply missed by everyone in our community.

March of the Wrinklies

Full eighty years and more
gamely we soldier on,
assiduously sustained by many doctors
prescribing countless pills.
Perforce we strain the budget
of our glorious NHS.
Our hair is grey,
expensively maintained
or long since fled.
Heavily bespectacled,
maybe we have some teeth
though gadgets cluster
round our ears
to ease communication.
And should we venture forth,
doddering upon a frame,
our wayward limbs protest
at such exertion
and long for a nap.

Meanwhile the bathroom calls,
frequent and insistent,
threatening embarrassment
if swiftness fails.
Upon the appointed day
the welcome pension comes,
proffering encouragement
to beleaguered warriors
of yesteryear.
Sadly, some poor souls
face sterner tests than these:
with all our heart
we wish them well.
Yet spite of all
life's sweetness clings,
defiant to the last –
and we're still here!

By David Stevenson

Our Summer Fete is approaching!

It is our yearly tradition to host The Willows Summer Fete. A joyful occasion to gather families and friends of our loved ones. Barrow Ukuleles accompanied by choir are going to be the highlight of the afternoon. Food, cakes and drinks stalls will be operating on full 'throttle'. Children activities focusing on hook a duck competition and meeting Peaches the pony! The 'weather gods' had been notified, and all is going to be 'tickety boo!'



The Willows Supports Shepshed Foodbank this August

This August, The Willows is coming together to support our neighbours. We'll be collecting donations for Shepshed Foodbank all month long. All are welcome to contribute items like tinned food, toiletries, rice, pasta, and other non-perishables. Every donation, big or small, helps make sure no one in our community goes without. Donation station will be located at The Willows reception. Let's make the difference together!

The Willows
CARE HOME
One Big Family

Caring Together, Making a Difference

OUR FAMILY IS COLLECTING FOOD
TO HELP OUR COMMUNITY

At The Willows Care Home, we believe in looking after one another. That's why our residents, families and team are coming together to support local people in need.

We are proud to be donating to **SHEPSHED FOOD BANK** helping to provide essential food and support to families right here in Shepshed.

Small donations BIG IMPACT

DONATE
Non-perishable food items

SUPPORT
Local families in need

MAKE A DIFFERENCE
Together we can help our community

Every item you donate makes a difference.
Thank you!

Let's come together as one big family to help our community of Shepshed

THANK YOU
for helping us support those who need it most

TOGETHER, WE CAN MAKE A DIFFERENCE

Meet the Manager!

Come and a chat about your loved one on 27th August. Pick your time slot in between 1:30pm and 3:00pm.

If you would like to make an appointment, please call the Home on 01509650559 and confirm the time.



AUGUST EVENTS TO LOOK FORWARD TO

Wednesday, 5th August
Boogie Beatz Chair Exercises
with Hannah

Thursday, 13th August
Sing Along with Kerry
Live Entertainment

Saturday, 22nd August
The Willows Summer Fete

Sunday, 23rd August
Church Service with
Word of Life

There's always something to do...

Our much-loved regular schedule continues:

✨ **Pamper & Spa Days** 🧑🏻 **Hairdressing** 🎨 **Arts & Crafts**
🎮 **Social Lounge Activities**