

The Willows Whisper

March



29th March, British Summertime begins (clocks go forward one hour)

As part of daylight-saving time, the clocks will go forward at the end of March, meaning we lose an hour in bed and wake up feeling a little sleepier than usual. On the plus side, we'll relish the longer daylight hours and have no excuse for arriving late all day!

CONTACT US



Priya Patel
(Managing Director)



Yvonne Manton
(Registered Manager)



Irene Chand
(Deputy Manager)

14 - 16, The Lant Shepshed, Leicestershire LE12 9PD
[The Willows Website](#) | 01509 650559

DON'T FORGET:

Yvonne is available for you to join her for a catch up on Thursday 26th March between 2:00pm and 3:00pm. If you would like to book a specific time slot, with her, please call her on 01509 650 559.



REFERRAL PROGRAM

Do you know someone seeking a Care Home for a loved one? If you refer to resident, who comes to live at The Willows, you can receive a reward!

We are offering:

£250 vouchers if the resident comes to stay with us on a respite stay or £500 vouchers if the resident you refer comes to our Home permanently.

If you would like more information, please speak to Priya Patel or Yvonne Manton.

Contact us on 01509 650 55

For more updates follow us on social media!



**Exceptional
Excellence**



IMPORTANT DAYS IN MARCH



1st March - St David's Day

Who was St. David?

Saint David (known as Dewi in the Welsh language) was a Celtic monk and the Archbishop of Wales.

He spread the word of Christianity across, founding 11 churches across Wales and Brittany. St. David's Day is always observed by the UK on the March 1st. The tradition is that he died on that day in 589 AD and that he lived for over a 100 years, which would have been a mightily impressive age to get to in the 6th century.

To mark the day, people are invited to wear one or both of Wales's national emblems - a daffodil and a leek.



18th March - International Women's Day

The earliest Women's Day observance, called 'National Woman's Day', was held on February 28, 1909, in New York City, organized by Socialist Party of America. The following year, on March 19, Woman's Day was celebrated in Austria, Denmark, Germany and Switzerland.

In 1914, International Women's Day was celebrated on March 8th in Germany, and was dedicated to women's right to vote. With those in London, celebrating to support women's suffrage.

Today, International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. Significant activity is witnessed worldwide as groups come together to celebrate women's achievements or rally for women's equality.





March 15th - Mother's Day

Mother's Day is a celebration honoring the mother of the family, as well as motherhood, maternal bonds, and the influence of mothers in society.

It is celebrated on various days in many parts of the world, most commonly in the months of March or May.

Happy Mother's Day to our wonderful mothers. We thank you for every hug, word of encouragement, and acts of love given to us. Thank you for always being a shining example for us. Thank you for laughing with us in the best of times and sticking with us through the worst of times. What would we do without you...

Wonderful Mother

*God made a wonderful mother, A mother who
never grows old; He made her smile of the
sunshine, And He molded her heart of pure gold;
In her eyes He placed bright shining stars, In
her cheeks fair roses you see; God made a
wonderful mother, And He gave that dear
mother to me.*

~ Pat O'Reilly



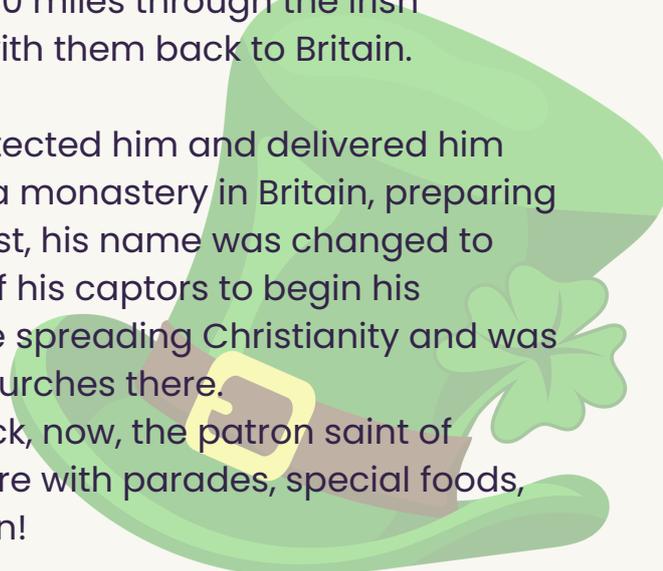
17th March - St Patrick's Day



The man who would eventually become St. Patrick was born in Britain as Maewyn Succat, in the late 4th century. At age 16, Maewyn was kidnapped from his home on the west coast of Britain by Irish pirates, who proceeded to carry him off to Ireland and force him to work as a shepherd herding sheep. After six years, he escaped his captors, walking nearly 200 miles through the Irish landscape and convincing a ship to carry him with them back to Britain.

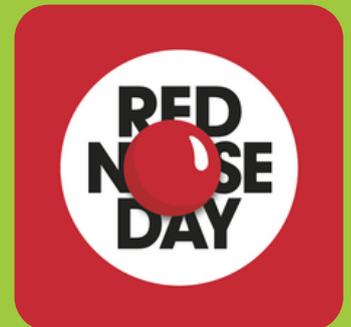
Maewyn was convinced it was the Lord who protected him and delivered him safely home. He spent the next 15 or so years in a monastery in Britain, preparing for his missionary work. When he became a priest, his name was changed to Patricius (Patrick), and he returned to the land of his captors to begin his teachings. Patrick traveled from village to village spreading Christianity and was successful enough to eventually found many churches there.

St Patrick's Day observes of the death of St Patrick, now, the patron saint of Ireland. The holiday is a celebration of Irish culture with parades, special foods, music, dancing, drinking and a whole lot of green!



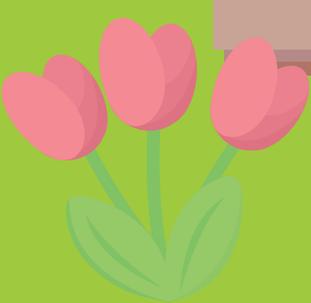
20th March - Red Nose Day

Red Nose Day is back! It's that time of year when incredible cake-bakers, joke-makers, telly-watchers, t-shirt-wearers, Red Nose-buyers and laugh-til-you-cryers, do something to fight poverty through humour and fun, for communities here in the UK and around the world.



At the Willows we're raising funds at our cakes sale stall!

If you find yourself at The Willows on Friday, 21st March, cakes and refreshments will be available to purchase.



This month we say 'Happy Birthday' to:



Brenda



Donald

MARCH EVENTS TO LOOK FORWARD TO

**Wednesday 4th March:
Chair Exercises with Hannah**

**Sunday 8th March:
International Women's Day**

**Friday 13th March:
Live Entertainment with Steve**

**Sunday 15th March:
Mother's Day (Tea Party)**

**Tuesday 17th March:
St Patrick's Day**

**Friday 20th March (Red Nose Day):
Live Entertainment with Kerry**

**Sunday 22nd March:
Church Service for the Residents**

**Wednesday 25th March:
Art&Craft Session with Penny**



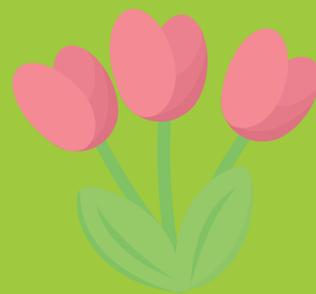
FEBRUARY ACTIVITIES





Feedback from our latest Audit, conducted by the Home Manager of Westcroft Nursing Home (Stoke on Trent)- January 2026

“The Willows is a lovely home with a compassionate, caring, and dedicated management team, supported by committed staff across all departments. Walking around the home was a genuine pleasure, there was a clear sense of calm, happiness, and teamwork among both staff and residents. The environment is exceptionally clean and inviting, reflecting the pride the team takes in maintaining high standards. The food looked excellent, and the cake I sampled was delicious. The head of domestic staff I want to say Julie, along with Alina and the young lady from activities, Elle I believe, were all a delight to speak with. Other staff members I met were equally warm, knowledgeable, and engaged. It is evident that you have a dedicated team who spoke highly of Yvonne and Priya, praising their leadership and support.”



St. Patrick's Day Wordsearch

P E F K C O R M A H S D U O D P S T
O W R R I A E B M S A T D G Q A R P
X I E D G J Z L S N I M F R O T I O
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N B L E L K T J N M D V A Z F M P U
E R S N U A H C E R P E L V C B N Y

Blarney	Emerald	Lucky	Rainbow
Celebrate	Green	March	Saint
Charm	Gold	Parade	Shamrock
Clover	Ireland	Patrick	Shillelagh
Coins	Leprechaun	Pinch	Wishes

