



Exceptional
Excellence

Newsletter

Issue 89

October 2026

WESTCROFT NURSING HOME



Westcroft Nursing Home
Ltd

CQC overall rating

Good



carehome.co.uk



Exceptional
Excellence

9.9

30 Reviews

Contact us

Get in touch with us at the details below

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Home,
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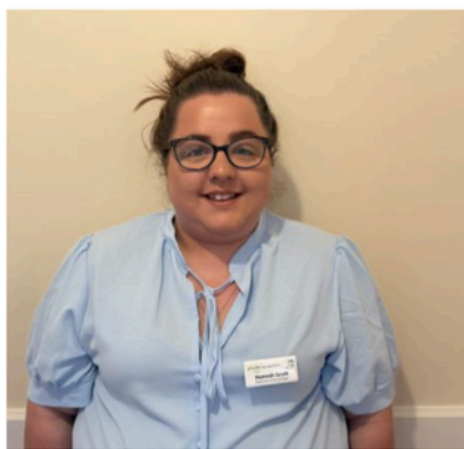
Westcroftmanager@3abcare.co.uk

Westcroftdeputy3abcare.co.uk

01782 287121



Ketan Patel
Managing Director (May 2008)



Hannah Scott
Registered Home Manager (July
2025)



**Gina Bosworth (Stars of
Social Care Awards
Winner 2024)**
Deputy Manager (August 2025)

Special Events

1st at 11am - Singing performance with Michaela Spice

3rd at 12:30 - Phyllis' resident of the week meal

6th at 11am - Church service with Paul

7th at 10:30am - Stoke City Foundation fitness class

9th at 11am - Reg therapy dog visit

13th at 10:30am - Trip to the Brampton museum

14th at 11am - Musical moments performance

15th at 11am - Zoolab animal visit

21st at 10:30am - Stoke city foundation fitness class

22nd at 2pm - Reg therapy dog visit

23rd at 11am - Saint Mark's school pupil visit (autumn crafts)

27th at 10:30am - trip to Freeport talke

27th at 2pm - Residents and relatives meeting

28th at 10:30am - Stoke City foundation fitness class

30th at 11am - one to one fitness with Chris

31st at 11am - Seated dance class with Amy and Halloween

Please keep an eye on our social media pages for any additional trips and activities added throughout the month!

UPCOMING BIRTHDAYS

Dot D's 89th - 15th

Jenny's 71st - 17th

Joan's 97th - 23rd

Family and loved ones are always welcome to join us for birthday celebrations in the home. Each resident will have a birthday card and birthday cake made for them by Westcrot for their birthday.

This year we have a few 'big' birthdays coming up, and we will be ensuring that each resident has a special celebration for their big day. If any families would like to request the use of the quiet lounge for a couple of hours for you to have your own celebrations for your family member on the day, please contact Ketan to discuss.

★ Congratulations!

To our GSF team for being awarded full marks in the Gold Standard Framework assessment!



This is a huge achievement for Westcroft and we are so grateful to every department in the home for their hard work and dedication to this award.



Our musical moments sessions with Vicky are a true highlight of each month, it is the perfect blend of creativity, movement and song and everyone gets involved with her sessions.

Vicky will be returning to us again in October and we can't wait to see what she brings to the home!

MUSICAL MOMENTS



SEATED DANCE CLASSES WITH AMY

Next month we will be joined by our amazing seated dance instructor, Amy for a Halloween themed morning of creativity and movement! We can't wait to see what surprises she brings and to see the dances our wonderful residents create!

PIRATE DAY



Last month we celebrated one of our newer theme days, pirate day! Pirate day is a fantastic day full of fun and games and this year we had a competitive morning playing the game 'pop up pirate!'. We also used our giant pop up pirate ship to play a fun game of pirate take down, where our residents tried to knock us off the plank!

We enjoyed some pirate themed cakes made by our wonderful kitchen team and had another fun filled day here at Westcroft!



At Westcroft Fitness

Here in our home we are always looking for ways to incorporate exercise and fitness into the lives of our residents and last month we did so with a mini olympics!

We took an array of different games such as bean bag toss, darts, skittles and Velcro catch and everyone challenged themselves to see how many rounds of each sport they could play. Here you can see Margaret playing skittles!



Last month we had more amazing fitness sessions with Laura and Gino from the Stoke City Foundation.

stoke city foundation



Last month Stoke brought a new game to us, tennis! It was a firm favourite straight away, with our residents playing tennis between themselves and trying to balance the ball on the rackets! Their sessions are always so much fun and great for our bodies.



Musical Moments

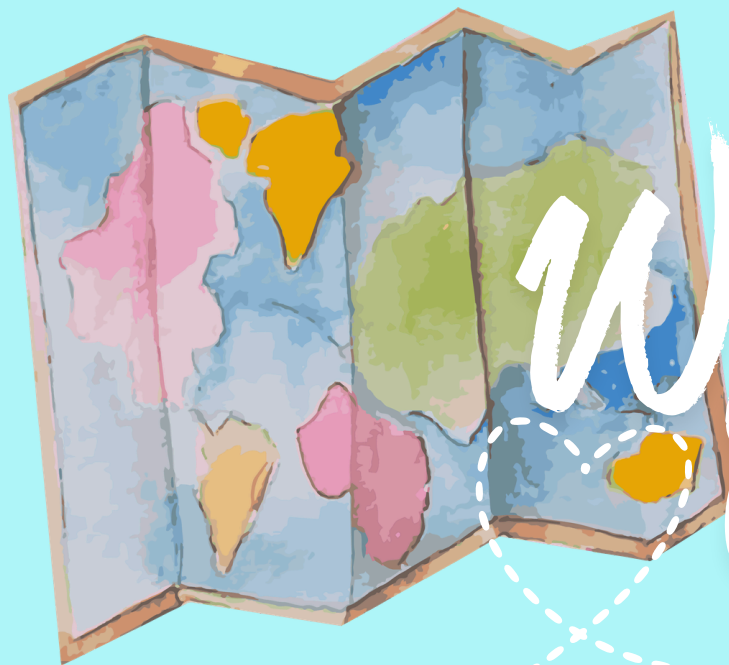


Last month we were joined again by the fabulous Vicky for a morning of music, dance and self-expression. Vicky performed an amazing Country and Western show for us, full of our favourite songs through the ages.

Everything from Johnny Cash to Dolly Parton, we were moving and grooving to the music.

It was a fantastic morning and we can't wait to see what Vicky has in store for us next time for our Halloween themed show!





Westcroft Outings

Last month was another month of fantastic outings and day trips here at Westcroft!

During autumn, we focus more on spontaneous trips to allow us to make the most of nice weather days and this often results in some very special memories.

We took our lovely gent, Jimmy out to the local shops to get some chocolatey treats and fresh air which he loved (the ripple bar didn't last the journey home!).

We also took our lovely Fred to Toby carvery to see his friend, where they shared each others company over a beautiful roast dinner.

Next month we will be visiting museums, shopping centres and seeing some special friends embark on a trip of their own to visit us...

Watch this space!





FUNDRAISING

We currently have a brand new fundraiser running here in the home! On our sign in desk, you will find a jar filled to the brim with sweets. The rules are simple, the person who guesses closest to the number of sweets in the jar, wins the whole thing! 50p a guess and as many guesses as you'd like!



All donations to our residents fund are so appreciated, we couldn't do what we do without you and all donations go towards organising trips, entertainment and new activities for our wonderful residents. A huge thank you to anyone who has also donated prizes for our bingo and competitions, it means the world to be able to treat people to a prize of their choice to brighten their day.



RESIDENTS- RELATIVE & MONTHLY MEETINGS

Our next residents and relatives meeting will be held here in the home on the 27th of October at 2pm. These meetings are your opportunity to give us any feedback, comments or compliments and we value your perspective more than you know. We hope to see many of you there with us.

If anyone is unable to attend but would like a copy of the meeting minutes, please contact the management team who will send this to you after the meeting has occurred.



GOLD

STANDARD FRAMEWORK

the gold standards
framework™
in care homes

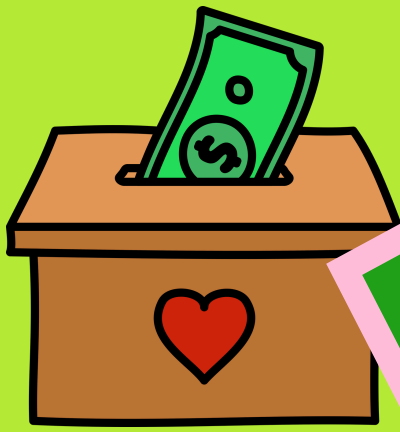


In May 2024, Westcroft Nursing Home embarked on a new type of training, to help us continue our work in end of life care. After over two years of hard work and dedication to the framework we are pleased to inform you that we passed the accreditation with a score of 77/77 (100%).

This is a great reflection of the exceptional care being provided by our Staff. Well done to the GSF Team of Gina, Hannah, Lithi and Lauren and all staff who have been involved in the framework portfolio.

The GSF Care Homes Training Programme is the most widely used training programme for all care homes in the UK, supporting all elderly residents as they near the end of their lives. Since its launch in 2004, thousands of care homes have completed the programme, and hundreds have become accredited with the well-recognised GSF Quality Hallmark Award. Over the last 20 years, GSF has provided effective end of life care training for the care team, enabling residents to live well by promoting better working with GPs and the wider community team. Hundreds of thousands of residents have benefited from GSF in their care home enabling more proactive, personalised, well-coordinated care. Demonstrating significant impact with a reduction in unplanned hospital admissions and deaths, enabling more to live and die where they choose.

“Our aim is to enable a ‘gold standard’ of care for everyone, with any condition, in any setting, given by any care provider, at any time in a person’s last years of life”



Easy Fundraising

Have you heard about Easy Fundraising?

Here at Westcrot we have joined Easy Fundraising, an app and website that allows you to donate to our residents fund at no extra cost to you, whilst you shop!

Simply download the app or visit the website, shop using their link and part of your purchase gets deposited into our residents fund to help support the amazing activities we hold in our home.

Either scan the QR code or visit the app or website or app and make an account, choosing Westcrot Nursing Home Residents Fund as the cause and get spending!



**A SMALL
DONATION
MAKES A
DIFFERENCE**

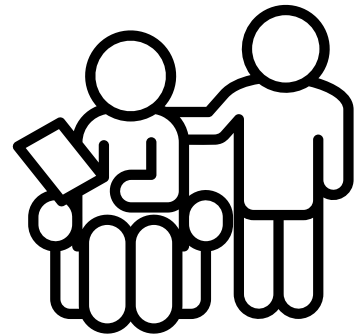
Thank you for your continued support and generosity ❤️

DID YOU KNOW WE OFFER RESPITE CARE?

Here at Westcroft Nursing home, we recognise the importance of respite care. As part of our continued work in end of life care as well as our journey on the gold standard framework, we now offer short-term respite for those who need it, as well as our long-term stays. Whether it be someone in need of respite after a hospital stay, or a family who needs care for their loved one for a short period of time to allow them to recharge, Westcroft is the place for you.

If you or someone you know is in need of respite care, please do not hesitate to contact management by

**Telephone 01782 287121 or email
ketan.patel@3abcare.co.uk**



Our residents have occasional pre-booked appointments at hospital. It is much appreciated if the family members could accompany their loved ones for their appointments



We are doing a big push on trips in 2026, if you are able to accompany your loved one on a trip, please do let us know. We would love nothing more than for you to join us on our outings, so you can make new memories with your family member.

OUR SOCIAL MEDIA

Scan the QR Code to find our home. Here you can find up to date news and photographs of the Home, in the 'latest news' section under the Westcrot Nursing Home tab. We update our social media pages with photos and videos of all our events as soon as possible, to allow everyone to see what their loved ones are up to. Follow us on Facebook for more updates

@Westcrot Nursing Home

Please take a look at www.3abcare.co.uk for more information about the homes in our group.



QUESTION OF THE MONTH

We are introducing question of the month to our monthly newsletter to answer our most frequently asked question of the month. This month, the most FAQ is...

How do I know the important dates for events over Christmas?

Thank you to the attendees of the last R&R meeting for this question!

And the answer is...

This year we have worked very hard to ensure that we have the biggest and best Christmas possible here in the home. All of our events for the festive period will be posted on our social media, our website and within the home for you to see within the next few weeks. Keep an eye on our pages and on the notice board within the home to get the dates for your diary - it's going to be the best one yet!

WESTCROFT REVIEWS



We asked relatives and visitors to send us reviews of our home, and this is what they said...

★★★★★ 3 months ago

We were lucky to be referred to Westcroft near two years ago . Went to view and loved the warm friendly feeling and new mum would settle there . She loves it there with the friends she has made and the daily activities ext . Well looked after with great home cooked food . I strongly recommend it . May I add when mum went to Westcroft it was very much end of life . In no time they had her eating 3 meals a day lots of drinks and turned it all around . The staff are all great can not fault them and Lauren & louise (activity coordinators) to a great job of keeping them happy . Respect to them all .

♡ ♡ 2



Thank you for you comments and reviews, we have an open home policy and if there are ever any comments, compliments, issues or concerns please come to us as soon as you can and we will take all comments on board, and act as quickly as possible if we need to make any changes.

Please review us on carehome.co.uk, google and Facebook!

The 3ab care

REFERRAL PROGRAM



Do you know someone seeking a nursing home for a loved one? Refer a resident and if they come to live in our home, you will receive a reward!

You get £250 (in vouchers) if the resident you refer comes to our home for respite

You get £500 (in vouchers) if the resident you refer comes to our home permanently



Call Westcroft for more
information on 01782284611



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CAROL'S AFTERNOON WITH THE THERAPY POOCH!

Thursday 10th
september 2026



At Westcroft our residents love a visit from ange and the therapy dog Reggie, he creates a very happy and lively presence in the home as well as Ang.

Carol really enjoyed the interaction with Reggie the therapy dog but also the conversation provided by ange is lovely for her and made her genuinely happy and smiling.

Carol chose to spend more time talking to Ang than petting Reggie as she seemed to prefer the conversation, however she did keep going back to reg for a little fuss now and again and she particularly enjoyed when he was lying on her feet and getting sleepy.



MICK'S BALANCING ACT!

Wednesday 9th september 2026.

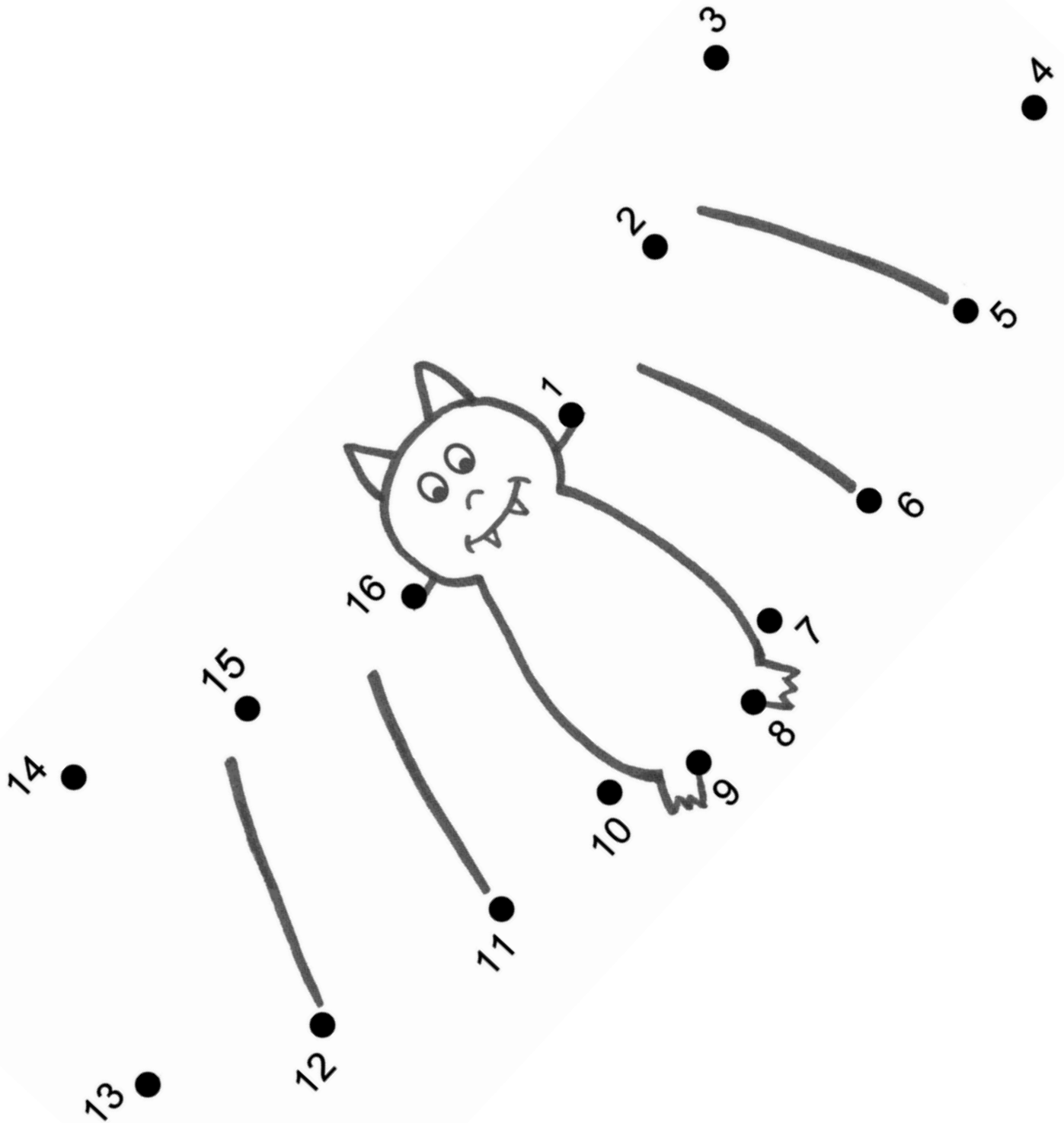


Mick's interest with balancing the ball on the bat peaked when he realised how long he could do it for. It prompted his fine motor skills and got him moving but also he really enjoyed the social side. He was having lovely conversations with all staff involved laughing and joking.

Today at Westcroft we had the privilege of being joined by Stoke city for a fitness session for the residents. This activity is thoroughly enjoyed by all. When we went to see Mick he was more than delighted to join in with the activity, as the Stoke city team were trying to prompt Mick to do different actions with the bat and ball Mick took a particular interest with balancing the ball on the bat.



What Halloween friend
are we drawing here?



Halloween Word Hunt

B	B	H	S	D	M	E	Y	J	W	G	K	N	P	E	C	F	Broomstick
N	Z	E	F	C	R	B	N	I	K	C	Z	I	R	T	P	Z	
U	E	O	O	Z	T	T	T	O	O	H	O	N	S	G	D	L	Halloween
K	G	E	M	T	C	C	I	H	T	Q	M	H	I	S	O	M	
G	N	H	W	B	H	N	Q	V	I	S	I	U	H	L	Z	M	Tombstone
V	O	S	C	O	I	Q	R	F	B	W	B	G	R	C	E	G	
B	T	S	K	Q	L	E	P	Z	T	I	E	M	R	X	M	S	Monsters
F	E	K	I	G	C	L	P	Z	V	C	G	I	O	M	U	S	
P	L	C	E	G	L	S	A	A	V	K	H	G	W	T	T	R	Skeleton
S	E	I	D	X	B	R	M	H	N	E	O	F	E	H	S	E	Costume
B	K	T	S	H	W	P	O	I	B	D	S	E	A	D	O	T	
G	S	S	U	T	I	G	K	C	M	O	T	E	I	V	C	S	October
D	M	M	R	R	Y	P	Q	U	T	C	S	T	L	J	H	N	
J	J	O	E	U	M	K	I	S	T	O	A	Q	R	K	U	O	Pumpkin
L	J	O	S	U	D	P	A	E	D	G	B	N	E	C	G	M	
T	X	R	P	U	P	L	A	M	E	Q	B	E	D	D	Q	L	Vampire
F	T	B	O	C	B	P	Y	R	A	C	S	X	R	Y	G	L	Ghosts



Wicked

Zombie

Candy

Scary

Witch