



Exceptional
Excellence

Newsletter

Issue 86

July 2026

WESTCROFT NURSING HOME



Westcroft Nursing Home
Ltd

CQC overall rating

Good



25 Reviews

Contact us

Get in touch with us at the details below

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Ketan Patel
Managing Director (May 2008)



Hannah Scott
Registered Home Manager (July
2025)



**Gina Bosworth (Stars of
Social Care Awards
Winner 2024)**
Deputy Manager (August 2025)

Special Events

1st at 10:30am - Stoke City Fitness class

4th at 10:30am - trentham monkey forest trip

7th all day - World Chocolate Day

8th at 10:30am - Stoke City Fitness class

9th all day - 1960's day with performance from

Michaela Spice

12th at 10:15am - Church trip with Margaret and Phil

13th at 11am - One to One fitness with Chris

14th all day - Bastille Day

15th at 10:30am - Stoke City Fitness class

16th at 11am - Seated dance class

17th at 11am - Reg therapy dog visit

25th at 11am - Fred outing with friend

29th at 10:30am - Stoke City Fitness class

31st at 11am - Reg therapy dog visit

Please keep an eye on our social media pages for any additional trips and activities added throughout the month!

UPCOMING BIRTHDAYS

Jimmys 95th birthday is on the
7th

Phyllis Hayes' 77th birthday is
on the 8th

Kay's 86th birthday is on the
14th

Phil's 82nd birthday is on the
15th

Family and loved ones are always welcome to join us for birthday celebrations in the home. Each resident will have a birthday card and birthday cake made for them by Westcrot for their birthday.

This year we have a few 'big' birthdays coming up, and we will be ensuring each resident has a special celebration for their big day. If any families would like to request the use of the quiet lounge for a couple of hours for you to have your own celebrations for your family member on the day, please contact Ketan to discuss.



Our musical moments sessions with Vicky are a true highlight of each month, it is the perfect blend of creativity, movement and song and everyone gets involved with her sessions.

Vicky is taking a brief break to have some holidays with her family and we can't wait to welcome her back to Westcroft soon!

MUSICAL MOMENTS



SEATED DANCE CLASSES WITH AMY

Last month we were visited by the amazing Amy for another morning of musical fun and it was truly beautiful to be a part of. Amy is constantly adapting and developing her sessions to make sure that our residents get the most benefit possible and we are so grateful for her continued support and time.

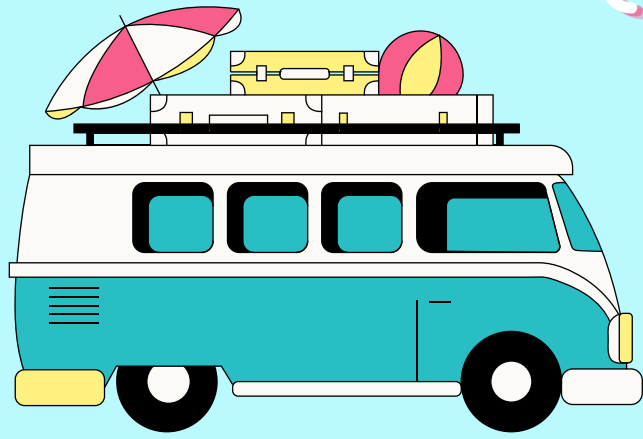


Football shirt Day

Last month we celebrated our first ever football shirt day as part of our World Cup celebrations! Our kitchen team made some incredible cakes and biscuits, they even went as far as getting football shaped crisps for us to enjoy! Everyone wore their best football tops and got stuck into the Stoke fitness session that was held, it was a great day enjoyed by everyone.



Westcroft Outings



Last month we braved the British weather and got ourselves out and about despite the rain! We started June by going to Trentham gardens with Dot and Margaret, where we went for a touch of retail therapy and a visit to the tea room. Sam and one of our lovely ladies then visited our local marks and Spencer's store to buy some gifts for family and friends as well as making an obligatory visit to the cafe for a sweet treat! We finished the month with an impromptu park trip with Jane and Joan to see some local wildlife as well as enjoying the sunshine. Going out into the community is so important and we can't wait to see what we get up to in the coming months!



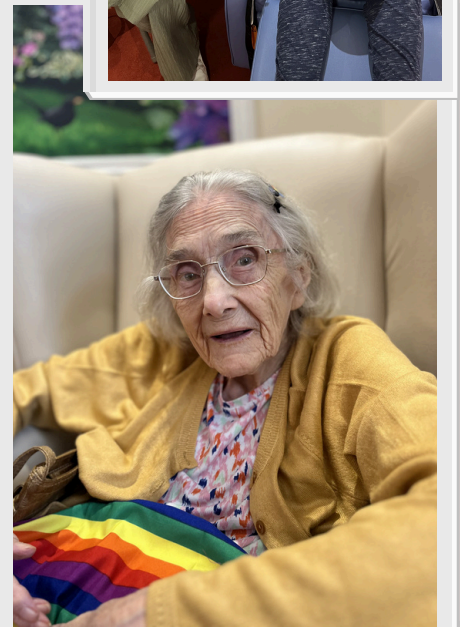
PRIDE

PROUD
to be ME!

This year marked our first ever pride celebrations and we had a blast! Inclusivity is so important to Westcroft and the 3ab group and so we celebrated our first pride week in our home with style.

All the staff wore their brightest rainbows, some even wearing capes like they had just stepped out of a pride parade! We had some incredible rainbow cakes and biscuits made by jade, and played a rainbow themed bean bag toss game to boost our confidence and encourage us to take pride in ourselves and our abilities.

What a fantastic time!



Seated Dance



Each month we are visited by our lovely dance instructor, Amy for a morning of movement and creativity. Amy is always bringing new ideas and props to encourage us to move our bodies and we absolutely love her visits.

Last month, Amy brought some beautiful silk scarves in lots of different colours for us to hold and move around. We danced the way a scarf would float in the wind!



We can't thank Amy enough for her time and dedication, she always ensures her classes are engaging, fun and beneficial for our bodies and we can't wait to see her again on the 16th of July!



With Chris Fitness

It was a fantastic morning and everyone who took part said how fun it was to try boxing. I think we shocked Chris with how determined our residents are! We have some keen boxers here in the home, who would have thought!

Last month we welcomed Chris back to Westcroft for a morning of boxercise! Chris brought his energy and boxing gloves and our residents had a go at channelling their inner rocky.



We were also lucky enough to be joined by Laura and Gino every Wednesday last month with more exciting ways of getting us moving!

stoke city foundation



We had some very competitive games of catch, tested our football skills and even played bean bag toss into a sandcastle bucket to remind us of the seaside! Thank you Laura and Gino!



Musical

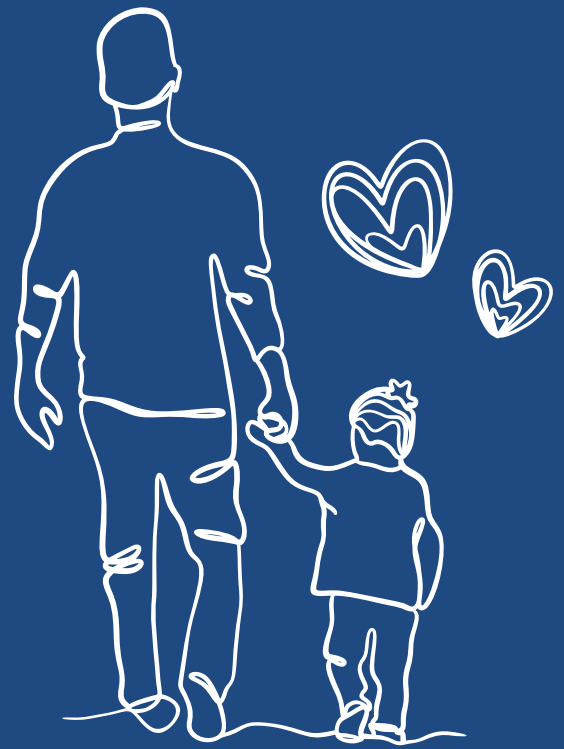
Last month saw another amazing musical moments session with the lovely Vicky. Each session brings a new theme and Vicky always has tricks up her sleeve to get everyone engaged and enjoying themselves.

Last month's session was a journey around the world, where Vicky showed us different songs, dances and traditions from other cultures.

From throw and catch to tapping our feet, the session got our bodies moving and our voices singing and we had a fantastic morning. We can't wait for Vicky's next visit to see what she has in store!



HAPPY FATHER'S DAY



We had a beautiful celebration for Father's Day this year. We are lucky enough to have some brilliant dads in our home, dads who nurtured and shaped their children into the people they are today and it is wonderful to know them and to be a part of this chapter of their lives.

Sam made some 'dad's stache' gift bags and our kitchen team made some amazing cupcakes for us to share.



It was a wonderful day full of memories, reminiscing and love it was wonderful to be a part of. Happy Father's Day to our amazing dads!

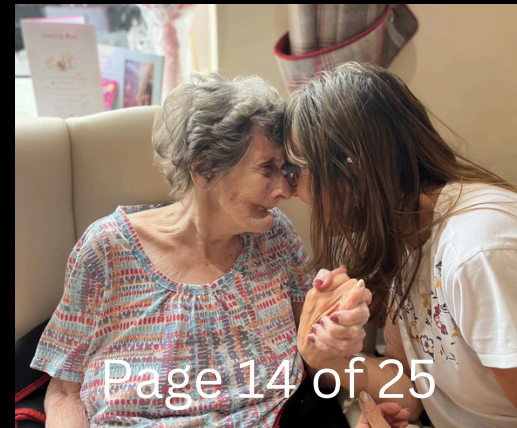


ZOOLAB

At the beginning of June we were visited by the amazing Chris from Zoolab for a morning of animal magic! Zoolab visits give us the opportunity to interact with creatures that we would have usually only ever seen inside a zoo or on the television. Since his last visit, Chris has added some new animal friends to his home and brought a snake, a millipede and gerbils to meet us! Our residents were able to learn about and even hold these amazing animals and it was a truly amazing experience.



OUR RESIDENTS ALWAYS HAVE FREE CHOICE IN REGARD TO ACTIVITIES, AND CAN ALWAYS REQUEST A DIFFERENT ACTIVITY TO DO IF THEY PREFER NOT TO JOIN IN WITH WHAT IS SCHEDULED THAT DAY.



FUNDRAISING



A huge thank you to everyone who has joined in with our recent fundraisers, we have managed to raise some incredible funds for our residents as well as raising money for charities that are very close to our hearts. Our honesty table is back up and running in the entrance where you can buy some amazing gifts and items for a donation of your choice! Our World Cup sweepstake is also underway and we are on tenderhooks to see who wins!

All donations to our residents fund are so appreciated, we couldn't do what we do without you and all donations go towards organising trips, entertainment and new activities for our wonderful residents. A huge thank you to anyone who has also donated prizes for our bingo and competitions, it means the world to be able to treat people to a prize of their choice to brighten their day.

RESIDENTS- RELATIVE & MONTHLY MEETINGS

A huge thank you to everyone who attended our June residents and relatives meeting, we had a fantastic turnout and we value your opinion and feedback more than you know. We had some amazing compliments and comments, as well as having some great conversations about ways to further develop our home.

If anyone was unable to attend but would like a copy of the meeting minutes, please contact the management team who will send this to you. The date of our next meeting will be announced as soon as it has been set.



GOLD

STANDARD FRAMEWORK

the gold standards
framework™
in care homes



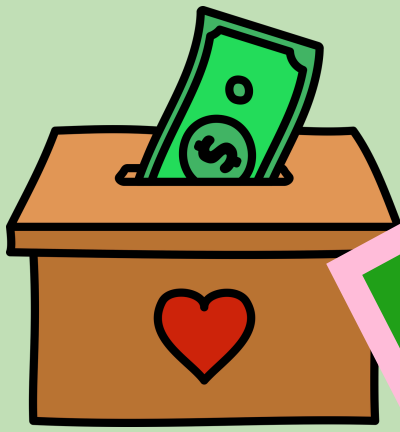
Westcroft nursing home have embarked on a new type of training, to help us continue our work in end of life care.

The GSF Care Homes Training Programme is the most widely used training programme for all care homes in the UK, supporting all elderly residents as they near the end of their lives. Since its launch in 2004, thousands of care homes have completed the programme, and hundreds have become accredited with the well-recognised GSF Quality Hallmark Award. Over the last 20 years, GSF has provided effective end of life care training for the care team, enabling residents to live well by promoting better working with GPs and the wider community team. Hundreds of thousands of residents have benefited from GSF in their care home enabling more proactive, personalised, well-coordinated care. Demonstrating significant impact with a reduction in unplanned hospital admissions and deaths, enabling more to live and die where they choose. It is estimated that on average 80% of residents are in the last year of life and unplanned hospital admissions of residents could be avoided with care homes playing a pivotal role with an ever increasing aging population quality care is crucial for the sector now, and in the future.

Westcroft will keep you updated on our progress on this venture!

“Our aim is to enable a ‘gold standard’ of care for everyone, with any condition, in any setting, given by any care provider, at any time in a person’s last years of life”

- **Gold Standard Framework**



Easy Fundraising

Have you heard about Easy Fundraising?

Here at Westcrot we have joined Easy Fundraising, an app and website that allows you to donate to our residents fund at no extra cost to you, whilst you shop!

Simply download the app or visit the website, shop using their link and part of your purchase gets deposited into our residents fund to help support the amazing activities we hold in our home.

Either scan the QR code or visit the app or website or app and make an account, choosing Westcrot Nursing Home Residents Fund as the cause and get spending!



A SMALL DONATION MAKES A DIFFERENCE

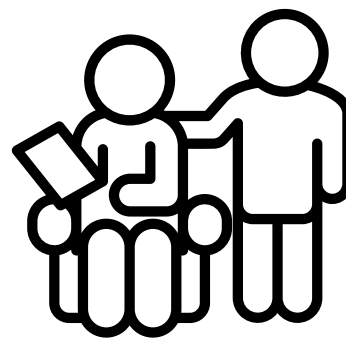
Thank you for your continued support and generosity ❤️

DID YOU KNOW WE OFFER RESPITE CARE?

Here at Westcroft Nursing home, we recognise the importance of respite care. As part of our continued work in end of life care as well as our journey on the gold standard framework, we now offer short-term respite for those who need it, as well as our long-term stays. Whether it be someone in need of respite after a hospital stay, or a family who needs care for their loved one for a short period of time to allow them to recharge, Westcroft is the place for you.

If you or someone you know is in need of respite care, please do not hesitate to contact management by

**Telephone 01782 287121 or email
ketan.patel@3abcare.co.uk**



Our residents have occasional pre-booked appointments at hospital. It is much appreciated if the family members could accompany their loved ones for their appointments



We are doing a big push on trips in 2026, if you are able to accompany your loved one on a trip, please do let us know. We would love nothing more than for you to join us on our outings, so you can make new memories with your family member.

OUR SOCIAL MEDIA

Scan the QR Code to find our home. Here you can find up to date news and photographs of the Home, in the 'latest news' section under the Westcroft Nursing Home tab. We update our social media pages with photos and videos of all our events as soon as possible, to allow everyone to see what their loved ones are up to. Follow us on Facebook for more updates

@Westcroft Nursing Home

Please take a look at www.3abcare.co.uk for more information about the homes in our group.



QUESTION OF THE MONTH

We are introducing question of the month to our monthly newsletter to answer our most frequently asked question of the month. This month, the most FAQ is...

“How do I know when the next themed days are?”

And the answer is...

Our themed days are a huge part of what makes Westcroft such a lovely place to be and we love nothing more than when family and loved ones get involved!

There is a list of the next few months' themed days on our Facebook page, our website and at the bottom of the stairs in a poster. We will always highlight our themed days in these newsletters too and if you're ever unsure you can always speak to Lauren or Sam who will update you on our upcoming activities and special events!

WESTCROFT REVIEWS



We asked relatives and visitors to send us reviews of our home, and this is what they said...

Overall Experience ★★★★★

My mum has been at Westcroft for 4 years and I cannot fault it one bit. The care she receives is fantastic. All of the staff are really friendly and always take time to talk to me whenever I visit. The range of activities that is offered to the residents is excellent and tailored to individual needs. When I first visited the home to look round I knew that mum would be well cared for and happy and I was not wrong. Everyone at Westcroft is dedicated to giving the residents the best life possible. I will always be grateful for the care that mum receives on a daily basis.

↳ **Reply from Ketan Patel**, Managing Director at Westcroft
Nursing Home

Thank you very much for your kind words Claire. It is a pleasure to look after Mum here.

Thank you for you comments and reviews,
we have an open home policy and if there are ever any
comments, compliments, issues or concerns please come to
us as soon as you can and we will take all comments on
board, and act as quickly as possible if we need to make any
changes.

Please review us on carehome.co.uk, google and Facebook!

The 3ab care

REFERRAL PROGRAM



Do you know someone seeking a nursing home for a loved one? Refer a resident and if they come to live in our home, you will receive a reward!

You get £250 (in vouchers) if the resident you refer comes to our home for respite

You get £500 (in vouchers) if the resident you refer comes to our home permanently



Call Westcroft for more information on 01782284611



ational Excell

JULIE DOING SOME FITNESS TRAINING WITH CHRIS

Monday 15th June 2026



Chris came and did some strength training with Julie. She did some work with weights for her upper arms and then some work with a football. She excelled at all the activities and really enjoyed it.

Chris brought out some practice gloves, and invited Julie to hit him them as hard as she could. Julie really enjoyed this and managed to hit his gloves with real strength



POTTERY PAINTING FUN WITH PHYLLIS

Tuesday 9th June 2026

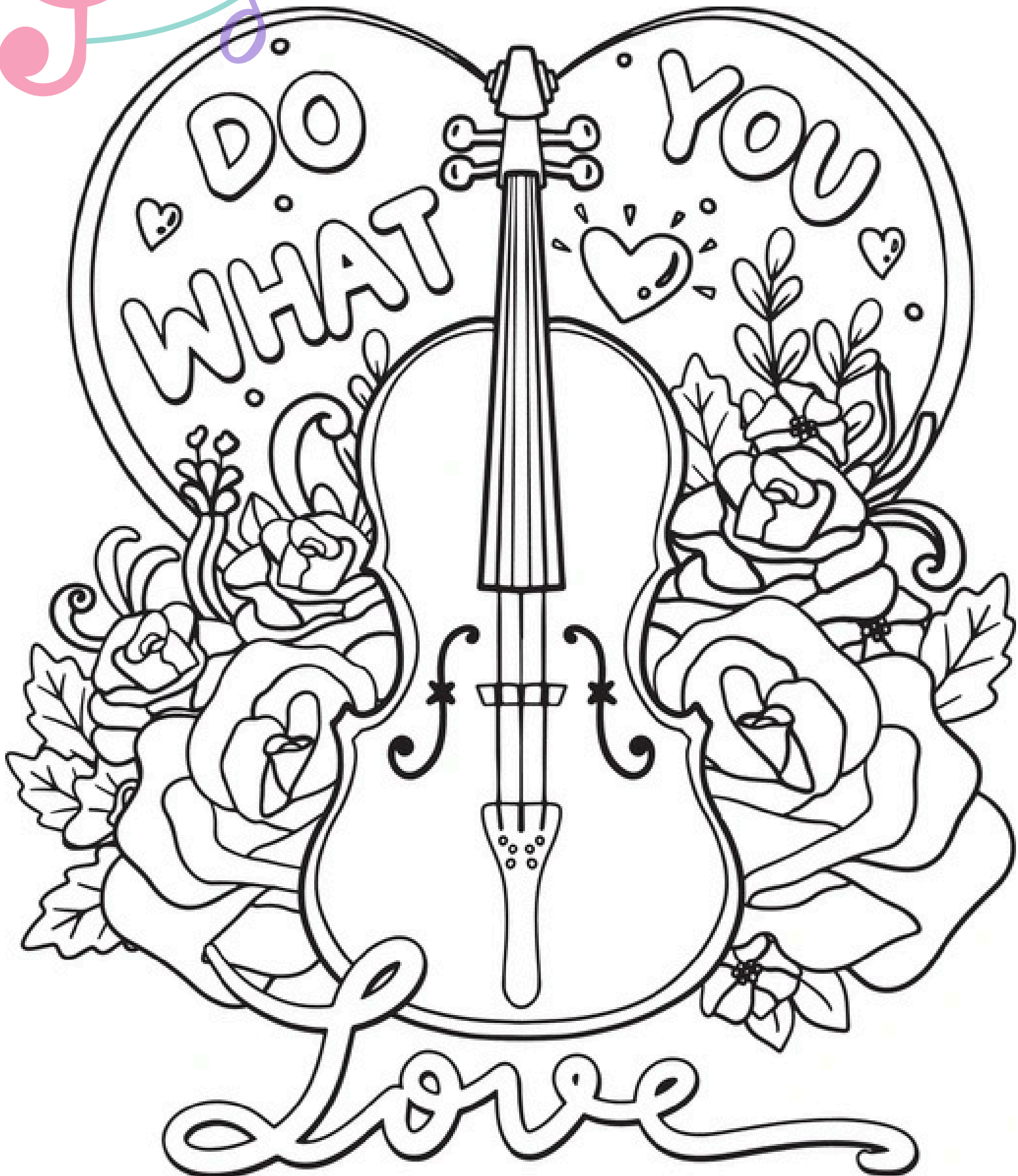


This year we took part in a new local festival called the festival of hands, which was created to bring people in Stoke-on-Trent together and get us creating whatever we liked with our hands! For our celebration we decided to do pottery painting, as the pottery industry is something that links so many we had some lovely whiteware mugs donated to us by a local pottery company and Phyllis was interested in designing one straight away!

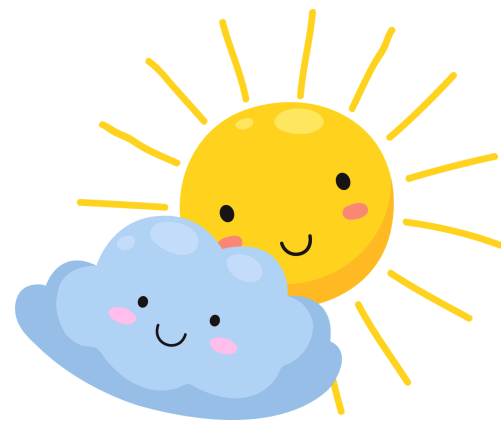
She chose a floral design, and with the help of Jane she painted two beautiful pink and purple flowers onto the cup. The concentration on her face was fantastic to see, she was so focused on getting her design just right! Phyllis was so pleased with the finished design and had a huge smile on her face which was so wonderful to see. Doing the activity had given her a real sense of pride and got her creative juices flowing, we will be sure to do more activities like this in the future with our lovely Phyllis as she enjoyed it so much!



Musical colouring



Different weathers



precipitation
 condensation
 evaporation
 temperature
 thermometer
 atmosphere
 anemometer
 rain gauge
 Temperate
 barometer
 air mass
 Tropical
 weather
 climate
 clouds
 sunny
 storm
 sleet
 front
 Polar
 wind
 snow
 hail
 rain



L E G U A G N I A R Y C L I M A T E K Z F Q O E
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