

SAINTBRIDGE HOUSE NURSING & RESIDENTIAL HOME

ISSUE 14 – APRIL 2021

Upcoming Birthdays

6th April – Gale Tandy

10th April – Tina Clune

17th April – Val Stubbs

18th April – Don Miller

20th April – Sylvia Lewis

29th April – Gwen Lipscombe

29th April – Dawn David



WELCOME TO THE FOURTEENTH EDITION OF OUR NEWSLETTER!

We hope this regular newsletter will be informative for Residents, Relatives and Staff.

Fun Facts For April

- We know it is the fourth month of the year, but that's only by the Gregorian calendar that we adhere to now. It was previously the fifth month in the earlier Julian calendar.
- April also only had 29 days, but a 30th day was added when Julius Caesar established the Julian calendar.
- In the Southern Hemisphere, April is the seasonal equivalent to October.
- Of course, one of the most well-known dates of April, is April Fools' Day on the 1st of the month. No one is sure where this originated from, but some believe it to be inspired by Geoffrey Chaucer's story in "Canterbury Tales" called "Nun's Priest's Tale."
- After a 1,500 year break, the first Olympics of the modern era took place on April 6, 1896, in Athens.
- For all the car enthusiasts out there, Ford unveiled their first Mustang on April 17, 1964, costing \$2,368.

The month of April in history

- 1721 Robert Walpole became the first Prime Minister of Britain.
- 1964 The Beatles fill the first five places in the US singles chart with “Please Please Me”, “I Want to Hold Your Hand”, “She Loves You”, “Twist and Shout” and “Can’t Buy Me Love”.
- 1801 Admiral Horatio Nelson, aboard HMS Elephant, defiantly ignores orders from his commander-in-chief to withdraw his forces and proceeds to sink the pro French Danish fleet off its home port of Copenhagen.
- 1199 Richard I(the Lion-Heart) of England dies from an infected wound while besieging Chalus Castle.
- 1739 Travellers throughout England breathe a sigh of relief, safe in the knowledge that the most notorious of highwaymen Dick Turpin, was hanged today in York.
- 1806 Birthday of English engineer and inventor Isambard Kingdom Brunel. Perhaps the greatest of the 19th-century engineers, he designed railways, bridges, tunnels, viaducts and ships.
- 1633 Bananas, never seen before in England, went on sale in a London shop.
- 1606 The Union Flag becomes the official flag of Britain.
- 1919 British troops fired into a crowd of 10,000 Sikhs that had gathered to protest at the arrest of two Indian Congress Party leaders, 379 people were killed and 1,200 wounded in the Holy City of Amritsar, India.
- 1983 The first cordless telephone went on sale in Britain.
- 1755 English lexicographer Dr Samuel Johnson published his Dictionary; he had taken nine years to compile it.
- 1509 Henry VIII becomes King of England, following the death of his father Henry VII.
- 1858 At the second attempt, the biggest bell in the world, Big Ben, is finally ready for hanging in the clock tower of Westminster Palace, London.

What Does April Symbolise?

- April is the month of Aphrodite, a Greek Goddess of love and beauty. It's the fourth month of the year that brings us Earth Day, April Fool's Day, Easter, and Buddha's birthday.
- Its birthstones are Diamond and Quartz.
- Its Zodiac Signs are Aries and Taurus
- The April Flowers are the Daisy and the Sweet Pea.
- The April colours are Red and Pink

Spring Word Search

C H I C K E J U N E G R W O W
H P U D D L E M A P R I L H S
I B L O H B U N N Y E B O M E
B A S E B A L L T T E U M A E
S U M A M A T C H A N T F R D
H O T S P R I C I N G T L C S
N E S T T A P I H E A F O H O
E G S G E T R A I N B O W L R
E G S S Y R E W S O L Y E E A
A S E H B U F N N S O L R S I
E G R O W O F L L Y O Y S S N
A N U W E F M A Y Y M V R O C
S A N E R A N B O W S H E S O
U M B R E L L A E A S T E R A
T H A S P R I N G P U D D E T



APRIL
BASEBALL
BLOOM
BUNNY
BUTTERFLY
CHICK
EASTER
EGGS

FLOWERS
GREEN
GROW
HATCH
JUNE
MARCH
MAY
NEST

PASSOVER
PUDDLE
RAINBOW
RAINCOAT
SEEDS
SHOWERS
SPRING
UMBRELLA



TOILETRIES



We would like to take this opportunity to ask if you could ensure all residents have an adequate supply of toiletries. This includes soap, body wash/shower gel, shampoo and shaving equipment (if required). These items will also need to be clearly marked with the resident's name on.

facebook



We have a facebook page for you to follow us on. The page gives details of the Home, including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at <https://www.facebook.com/saintbridgehouse/>

Laundry News

If you have received or brought in any new clothes please ensure they are labeled clearly with the residents name.



News from the kitchen

The kitchen have now moved over to our Spring/Summer Menu. This means there will be more dishes like Fresh Summer Salads etc. As always, all our residents are given a choice of meals every day, and if there is something different that they want that isn't on the menu, the kitchen are always happy to accommodate any special requests.

Daily Activities

It is important to keep an active mind and we are now leaving out a variety of activities on the table in the main lounge area. These can be used by everyone at anytime of the day. We do ask if these items can be returned after use.

Regular and Organised Activities

Sam the Hairdresser visits every other Tuesday

Faye, the Foot Health Practitioner visits every 4-6 weeks

Debbie comes along to sing to and play instruments with the residents every Tuesday from 2.30 – 3.30pm (When Home Visiting Policy Allows)

Holy Communion – From the St. Aldates Church – Every other month on a Saturday Afternoon

Phoebe, and the lovely ladies from Mini Concerts will be visiting to provide the residents with some live Singing!

We will be putting on other entertainment for the residents when the home's Visiting Policy allows, however this is subject to change at short notice due to Covid-19.

Contact Us

Saintbridge House Nursing and Residential Home

189 Painswick Road,

Gloucester.

GL4 4QQ.

E-Mail: info@saintbridge-house.co.uk

Telephone: 01452 300307

Facetime: info@saintbridge-house.co.uk

Skype: info@saintbridge-house.co.uk

ANY articles you would like to put in the next edition of the newsletter please pass on to Gale, Dave, or email: info@saintbridge-house.co.uk

EMPLOYEE OF THE MONTH FOR MARCH 2021

After a lot of deliberation, it was decided that Our Employee of the month for February would be awarded to **Marie Kingcott**.

Well done Marie, and Thank You for your continued Hard work and Dedication in providing our residents with delicious meals every day.

Please can we again take this opportunity to once again Thank every member of our staff team.