

SAINTBRIDGE HOUSE NURSING & RESIDENTIAL HOME

ISSUE 4 – June 2020

Upcoming Birthdays

Tracy Bowen – 1st June

Hitan Patel – 1st June

Noreen Martinez – 6th June

Sam Higgs – 8th June

Mary Macdowell – 11th June

Alice Miller – 13th June

Jacqui Johnson – 16th June

Michael Hyett – 26th June

Della Brookes – 28th June



WELCOME TO THE FOURTH EDITION OF OUR NEWSLETTER

We hope this regular newsletter will be informative for Residents, Relatives and Staff.

Fun Facts For June

1. June is the month with the longest daylight hours of the year in the Northern Hemisphere.
2. June's birthstone is the pearl, the Moonstone and the Alexandrite.
3. The June birth flower is the Rose (Rosa) and the Honeysuckle (Lonicera).
4. In 2009 June was the 662 most popular name for girls in the USA.
5. Anglo-Saxons gave the June the name Sera monath (Dry month)
6. June is derived from either Juno goddess of marriage or from iuniores (young people)
7. In both common and leap years, no other month begins on the same day of the week as June.
8. June is international men's month.
9. June has the shortest daylight hours of the year in the Southern Hemisphere.
10. June is my favorite month....:)

This month in history

- 1946 Television licences were issued in Britain for the first time; they cost £2.
- 1953 On a cold and wet day in London, the Coronation of Queen Elizabeth II took place in Westminster Abbey.
- 1944 D-Day invasion of Normandy by 1 million Allied troops to liberate Western Europe from German occupation.
- 1829 The Oxford team won the first-ever Oxford and Cambridge University Boat Race. Two eight-men crews raced each other along the River Thames in a contest of rowing power nicknamed simply "The Boat Race".
- 1579 Francis Drake drops anchor off the south-west coast of America and proclaims England's sovereignty over New Albion (California).
- 1814 The Marylebone Cricket Club and Hertfordshire play the first ever cricket match at England's Lord's Cricket Ground.
- 1797 Admiral Horatio Nelson is wounded in the arm in a battle with the French and the limb is amputated. This follows the loss of his sight in his right eye some three years earlier.
- 1613 London's Globe Theatre was destroyed by flames as a cannon is fired to announce the king's entrance in Shakespeare's *Henry V*.
- 1944 After 21 days of bloody fighting through the Normandy countryside, Allied forces took Cherbourg.

What Does June Symbolise?

Sixth Month in the Year

According to one etymology, **June** is named after the Roman goddess Juno who is the goddess of marriage and a married couple's household. It is considered good luck to get married in this month. **June** and May are the only two months that doesn't start on the same day of the week as any other month.

D-Day – 6th June 1944

The Normandy landings were the landing operations and associated airborne operations on Tuesday, **6 June 1944** of the Allied invasion of Normandy in Operation Overlord during World War II. Codenamed Operation Neptune and often referred to as D-Day, it was the largest seaborne invasion in history.

Shapes and Solids Word Search



Circle
Cone
Cube
Cylinder
Ellipse
Hexagon

Octagon
Parallelogram
Pentagon
Polygon
Prism
Pyramid

Rectangle
Rhombus
Sphere
Square
Trapezoid
Triangle

TOILETRIES



We would like to take this opportunity to ask if you could ensure all residents have an adequate supply of toiletries. This includes soap, body wash/shower gel, shampoo and shaving equipment (if required). These items will also need to be clearly marked with the resident's name on.



We have a facebook page for you to follow us on. The page gives details of the Home, including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at <https://www.facebook.com/saintbridgehouse/>

Laundry News

If you have received or brought in any new clothes please ensure they are labeled clearly with the residents name.



News from the kitchen

The kitchen would like to reassure everyone that our supply chain of food deliveries continues as normal. We have stocked up on Dry essentials such as bread, rice, pasta, etc just in case there are any issues with receiving supplies, however at present, we do not foresee any issues.

Daily Activities

It is important to keep an active mind and we are now leaving out a variety of activities on the table in the main lounge area. These can be used by everyone at anytime of the day. We do ask if these items can be returned after use.

Regular and Organised Activities

Sam the Hairdresser visits every Tuesday

Faye, the Foot Health Practitioner visits every 4-6 weeks

Debbie comes along to sing to and play instruments with the residents every Tuesday from 2.30 – 3.30pm

Mel The Pianist comes to play all the golden oldies– Every last Thursday of the month.

Holy Communion – From the St. Aldates Church – Every other month on a Saturday Afternoon

Phoebe will be visiting to provide the residents with some live Singing!

Contact Us

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ANY articles you would like to put in the next edition of the newsletter please pass on to Gale, Dave, or email: info@saintbridge-house.co.uk

EMPLOYEE OF THE MONTH FOR MAY

Choosing an Employee of the Month for May has again been a very difficult challenge for the management team as every single member of our staff team has gone above and beyond during the past few months in our quest to ensure we continue to look after our residents to our usual very high Standards.

However Dave and Hitan have finally decided to award two employee of the month awards for May.

Congratulations to Liz Callendar and Kelly Gibbons. Both have gone above and beyond and covered extra shifts as well as lead by example during their shifts.

Well done to you both and again, a huge Thank you to the entire team for your continued Hard Work.