

Newsletter

Issue 69

September – October
2024

WESTCROFT
NURSING
HOME





UPCOMING SPECIAL EVENTS

Visit from Reg the therapy dog - 6th September

**Co-op memories box reminiscing visit - 11th
September**

Steel Drum performance - 12th September

Entertainer Tony Boyle visiting - 18th September

Visit from Reg the therapy dog - 20th September

National day of arts in care homes - 24th September

Musical Moments - 4th October

Visit from Reg the therapy dog - 11th October

Performance from Paul the singer - 17th October

**Zoolab 'creepy crawlies' Halloween animal visit -
21st October**

Visit from Reg the therapy dog - 25th October

Halloween at Westcroft - 31st October

UPCOMING BIRTHDAYS

15TH OCTOBER - DOROTHY DANBY

22ND OCTOBER - PAULINE SMITH

23RD OCTOBER - JOAN BOWES

29TH OCTOBER - BETTY PLANT

The birthday cake will be shared among the residents during tea time

We aim to improve the quality and variety of activities for our residents through regular bi-monthly fundraisers. A big thank you to all families and staff for your support in our recent fundraising efforts. Your continued support is crucial as we work to enrich our residents' lives. Thank you for being part of our community, and we look forward to your ongoing participation.

FUNDRAISER



Our residents love the monthly Musical Moments sessions. The interactive musicals and sing-alongs, combined with gentle chair exercises, are both enjoyable and beneficial.

MUSICAL MOMENTS



DANCERSIZE SESSION & ENTERTAINMENT CONCERTS



We have now introduced a seated dance class to our activity schedule, as a way of making fitness both musical and fun. Our residents are loving it so far and will continue to review our activities regularly, on the hunt for the best fitness routine for our residents.



ATTUNE MUSIC THERAPY

Last month we had the pleasure of welcoming Attune music therapy to Westcroft. Hollie brought so many beautiful and interesting instruments for our residents to listen to and try to play..

The experience was truly magical, and even our residents who sometimes choose not to join in with activities joined in. The music brought everyone together, and sparked some lovely conversations about music they liked and instruments they used to play,

Hollie also sang to some of our residents who preferred to listen to music instead of playing themselves, and the old classics she sang were enjoyed by all. We are really looking forward to Hollies next visit!





WACKY WEDNESDAY

Our Wacky Wednesday celebrations were fantastic. Our staff and residents all dressed up for the occasion, wearing odd socks, glitter wigs and funky glasses!

The day really was fun from start to finish, we had Wacky sensory using squishy toys with different textures, as well as some fun games where we hit balloons with rackets, it truly was a Wacky day!

Our kitchen made the day extra special with rainbow coloured jelly and funky food, and our residents absolutely loved it.



THE INTRODUCTION OF REG THE THERAPY DOG



Since our last newsletter edition, we have welcomed Reg the therapy dog to our home. Reg is now visiting once a fortnight to spend time with each resident, giving hugs and fusses to everyone.

Since Reg first visited, our residents have spoken a lot about how much they enjoy his company. As well as being a lovely treat, Reg offers fantastic sensory and brings back so many memories of pets our residents had and loved. Having Reg here so often makes him feel part of the home, and further promotes the homely feeling we have here at Westcroft. We love having him here and look forward to his upcoming visits.



SEASIDE DAY



We had a wonderful day at this years seaside extravaganza! We played lots of seaside type games including a coconut shy style game, used a sensory sandpit and played bean bag toss through a beach hut!

A HUGE thank you to everyone who came on the day, it was such a treat to see so many family members here celebrating with their loved ones.

Despite the British weather, the day was a huge success and we had a brilliant time. Our home was full of smiles and laughter and that is exactly what these days are all about! The BBQ went down a treat and we raised some money for our residents fund, which allows days like this to continue.



**OUR RESIDENTS
ALWAYS HAVE FREE
CHOICE IN REGARD TO
ACTIVITIES, AND CAN
ALWAYS REQUEST A
DIFFERENT ACTIVITY
TO DO IF THEY PREFER
NOT TO JOIN IN WITH
THE SCHEDULED
ACTIVITY.**



FUNDRAISING



A huge thank you to everyone who has supported our recent fundraisers. Our seaside day fundraiser was a huge success and as well as the tombola, we raised money through our BBQ and drinks sales. The money goes straight into our residents fund which allows us to keep offering the best activities possible, and to ensure we can book interesting and engaging acts for our home.

Stay tuned for our upcoming Bonus ball Halloween fundraiser in October!

RESIDENTS- RELATIVE MEETING

We've decided to hold quarterly residents' relative meetings, starting with our first meeting in June. These gatherings provide an opportunity for families, relatives, and residents to voice any concerns regarding care, activities, or the operation of our home, enhancing transparency and sharing updates on activities. We extend our gratitude to all the families who participated. The next meeting is scheduled for October the 16th at 6pm.



STARS OF SOCIAL CARE AWARDS


We are excited to share that our team leader, Gina Bosworth won “The Fabulous Frontline Leader” award, and our activities coordinator, Krishna received the “Highly Commended” recognition in “The Amazing Activities Coordinator” category at the Stars of Social Care Awards! The ceremony took place on Saturday, June 15th, at London Marriott Hotel Regents Park.

**CONGRATULATIONS
FROM EVERYONE AT
WESTCROFT**

EMPLOYEE OF THE MONTH



Lauren Beeston was awarded employee of the month in July and Reece Hancock was awarded in August. Well done!

 Our residents have occasional pre-booked appointments at hospital. It is much appreciated if the family members could accompany their loved ones for their appointments

RESIDENTIAL/ RELATIVE/STAFF REFERRAL SCHEME

If you or your relative recommends a new resident to the Home you will be entitled to £500 worth of vouchers of your choice. As long the residents stays for a minimum of three months the vouchers will be given.

Scan the QR Code to find our home. Here you can find up to date news and photographs of the Home, in 'latest news' section under the Westcroft Nursing Home tab.



We try to update our social media pages with photos and videos of all our events as soon as possible to allow everyone to see their loved ones on those days. Follow us on facebook for more updates.

Please feel free to have a look at www.3abcare.co.uk. You can find information on our Homes in this group.

Westcroft Nursing Home

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OUR SOCIAL MEDIA