

SAINTBRIDGE HOUSE NURSING & RESIDENTIAL HOME

ISSUE 7 – September 2020

Upcoming Birthdays

5th September – Dave Harley

8th September – Eric Millora



WELCOME TO THE SEVENTH EDITION OF OUR NEWSLETTER

We hope this regular newsletter will be informative for Residents, Relatives and Staff.

Fun Facts For September

- September is the only month with the same number of letters in its name as the number of the month: it is the ninth month and has nine letters.
- The Anglo-Saxons called September Gerst Monath (Barley Month) or Haefest Monath (Harvest Month) celebrating the barley harvest.
- September (from the Latin septem, seven) was the seventh month of the old Roman calendar.
- In the UK, September 26 is the most common birthday for people born in the last 20 years.
- On an average September day more babies are born in the US than on a day in any other month
- September is the worst month for share prices which on average lose one per cent of their value.

This month in history

- 1666 The [Great Fire of London](#) begins in Pudding Lane and rages for 5 days, but kills only 9 people..
- 1939 Britain and France declare war on Germany.
- 1962 The Beatles start their first recording session at EMI's Abbey Road Studios, London
- 1620 The Mayflower sets sail from [Plymouth, Devon](#), carrying the Pilgrim Fathers to America.
- 1902 Harry Jackson becomes the first person in Britain to be convicted on fingerprint evidence.
- 1709 Birth of Samuel Johnson, compiler of the first English dictionary.
- 1944 The first V2 flying bombs kill 3 people in London.
- 1701 King James II of England died whilst in exile in France.
- 1735 Britain's first [Prime Minister](#), Sir Robert Walpole moves in to [10 Downing Street](#).
- 1848 Chewing gum is produced commercially for the first time.
- 1776 The first St. Leger [horserace](#) is run at Doncaster, [Yorkshire](#).
- 1818 First transfusion of human blood is performed at Guy's Hospital, [London](#).
- 1580 The Golden Hind arrives in Plymouth harbour having sailed round the world under the captaincy of [Sir Francis Drake](#). Drake plundered a few Spanish ships en-route to keep morale high!

What Does September Symbolise?

The **symbolism** of **September** month focuses on refocusing our energies. In the Northern Hemisphere, it signals the beginning of autumn, while it kicks off the spring season in the South. Like the other months, its name comes from the ancient Romans. It comes from the Latin septem, meaning "seven".

Astronomically, you can enjoy the Aurigids and the Delta Aurigids meteor showers from Mid-September through the end of the month. Additionally the Southern Taurids come into the sky from September 10th. The last 5 months provide a peak at the Andromedids shower

The Birthstone of September is: Sapphire

September Zodiac Signs: Virgo and Libra

Name: _____

September Word Search



P O U P L G B S A P P H I R E N B
W I C S B C K A S E G X O F J X A
X N L Q M O Y F J I V O P P S G C
T L A B O R D A Y O U K A D B C O
T E S L R D L L U L P J T P I F R
J L S Q N U B L G W K W R R K A N
V Y R N I C Z W D S Z T I J O P L
V M O V N P M C Y S M H O V S Q E
S C O Z G M A S T E R B T A H Q G
K X M Z G B Q K V P Z H D V H I Z
S I G A L V O M P T O R A Y A P I
K P V B O G D E Z E G L Y M R W A
J R T X R A U T U M N V J D V K D
P Y C W Y X Y V A B F K B L E T X
E J R J Y F Y Y V E K N F F S N Y
G Y N B M H R C H R V G O A T I C
J B L T X R P D S C H O O L T T F
S F H H N F C R T L P W P T E R K
V Y C A E Q U I N O X K B H C D I
G R N C M D F V Z P R C C Q K U X
T S U N F L O W E R I O F S U B N
X F C O N S T I T U T I O N D A Y



SEPTEMBER
SCHOOL
ACORN
SUNFLOWER
CLASSROOM

LABOR DAY
FALL
AUTUMN
HARVEST
SAPPHIRE

MORNING GLORY
EQUINOX
PATRIOT DAY
CONSTITUTION DAY
ASTER



TOILETRIES



We would like to take this opportunity to ask if you could ensure all residents have an adequate supply of toiletries. This includes soap, body wash/shower gel, shampoo and shaving equipment (if required). These items will also need to be clearly marked with the resident's name on.



We have a facebook page for you to follow us on. The page gives details of the Home, including activities, menus, and lots of photographs and other information about the Home. Please feel to 'like' us at <https://www.facebook.com/saintbridgehouse/>

Laundry News

If you have received or brought in any new clothes please ensure they are labeled clearly with the residents name.



News from the kitchen

The kitchen would like to reassure everyone that our supply chain of food deliveries continues as normal. We have stocked up on Dry essentials such as bread, rice, pasta, etc just in case there are any issues with receiving supplies, however at present, we do not foresee any issues.

Daily Activities

It is important to keep an active mind and we are now leaving out a variety of activities on the table in the main lounge area. These can be used by everyone at anytime of the day. We do ask if these items can be returned after use.

Regular and Organised Activities

Sam the Hairdresser visits every Tuesday

Faye, the Foot Health Practitioner visits every 4-6 weeks

Debbie comes along to sing to and play instruments with the residents every Tuesday from 2.30 – 3.30pm

Mel The Pianist comes to play all the golden oldies– Every last Thursday of the month.

Holy Communion – From the St. Aldates Church – Every other month on a Saturday Afternoon

Phoebe will be visiting to provide the residents with some live Singing!

Contact Us

Saintbridge House Nursing and Residential Home

189 Painswick Road,

Gloucester.

GL4 4QQ.

E-Mail: info@saintbridge-house.co.uk

Telephone: 01452 300307

Facetime: info@saintbridge-house.co.uk

Skype: info@saintbridge-house.co.uk

ANY articles you would like to put in the next edition of the newsletter please pass on to Gale, Dave, or email: info@saintbridge-house.co.uk

EMPLOYEE OF THE MONTH FOR AUGUST

Our Employee of the month for August was again a very difficult choice, as every single member of our team continues to work extremely hard during these tough times.

After a lot of deliberation, it was decided that Our Employee of the month for August was **Tina Locke**.

Well done Tina and Thank You for your continued Hard work and Dedication.

Please can we also take this opportunity to Thank every member of our staff team.